

THE Concordia Courier

Inform. Inspire. Ignite. Involve.

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Concordia University Irvine

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To print or not to print?

The facts behind University Services' most talked about new policy

BY BREANNA LAFFERMAN
ARTS/REVIEWS EDITOR

Students are outraged due to the implementation of pay to print and copy in the library and computer labs. Concordia administration decided to have card reader systems installed this academic year.

Shortly before the end of the Spring 2010 semester, the Office of University Services noticed the abundance of paper waste accumulated in the various printing areas on campus. Over the course of one semester alone, the counters on the library's machines racked up a total of 200,000 prints. With the estimate of only one thousand students using Concordia's printing services, this averages about two hundred prints per student a semester.

In addition to the majority of these prints being nothing more than waste, the University had to supply and maintain the machines with ink, toner and paper. "We weren't being good stewards of the school's resources," said Paul Massmann, Associate Dean and Director of University Services.

Once the Office of University Services decided on making a change in Concordia's printing policies, Derek Vergara, Dean of Students, suggested taking this idea to ASCUI to hear their thoughts on the subject. "Before going to the meeting with Student Senate, I decided to stop by the computer lab to see if there were any misprints lying around," said Massmann. "I arrived to the meeting with a one-inch stack of unused prints. I didn't mean for that to happen, but it definitely proved the point we were trying to make."

The Office of University Services, along with ASCUI, realized that there was no other way to manage the waste being created. Together they decided that instead of the cost being absorbed by students' tuition, the only way to better regulate printing on campus would be to install pay-for-print systems on school machines.

Aside from the various reasons for this policy, students are offended and angry for not being notified of this change coming into the 2010-2011 academic school year.

"When I did my tour last spring, the school made a big deal of how printing and copying was free, so I didn't go out and buy a printer to bring to school with me," said Angelina Ortiz, junior and new transfer. "Once I got here, it wasn't free anymore, so I had to go out and find a printer. I feel that they should've notified the students as soon



PHOTO BY TAYLOR BEARDEN

as the change was made, since I was told printing was covered in tuition. Even though it's such a small amount of money, it's still a financial issue, and the school should have had the courtesy to notify students."

Students also feel that this change in service is just adding to the downhill spiral of quality of service for students. "There's a certain element of service of being able to print something out freely," said John Beggs, who is part of the Master's Program on campus. "You're paying so much for tuition, that [free printing] levels out the cost of tuition. When I first came here, small elements, such

as free printing, was something nice to have. Just because some students abused it, all students have to spend more money, either paying for printing through the school or buying their own printer."

The Office of University Services wants students to realize that this decision is not to penalize students or to make additional income for the school. "The ten cents per page in the grand scheme isn't a significant impact," said Massmann. "This isn't in order to make a profit for the school; we're doing this at cost, and it was intended that way."

The amount of paper waste created over the

past year was due to Concordia not only being a poor steward of the school's resources, but the environment as well. "The cost outweighed the benefit on a per-student basis," said Massmann. "Students didn't look at the consequences of printing more than they needed."

For students wondering how the process now works to print on campus, they can use their ID cards by putting money on it through the ValueAd machines located in the computer lab and library. The money added from these specific machines will only be valued for printing and copying on campus.

Joel Smith signs European soccer contract



PHOTO BY ANDY TEMPLETON

BY TYLER HOWARD
SPORTS EDITOR

Former Eagle, Joel Smith, recently signed a one-year semi-professional contract to play soccer in Europe. After competing this summer, he was asked by a scout from England to come over and play, exposing him to a great opportunity to play professionally after the season.

Smith has been playing soccer since he was five years old—all the way back with the American Youth Soccer Organization's Irvine Strikers club team. He also played semi-pro for four years with the Orange County Blue Stars during the summer.

Joel played for Concordia from 2006-2010, and received All-GSAC Player and All-American every year. He contributed leadership skills while being team captain during his junior and senior years. According to Mickey Mendoza, senior, Joel's hard work and consistency makes him the player that he is.

"I really enjoyed playing with Joel because he

was a role model for many of us players on and off the field," Mendoza said. "His leadership and hard work always stood out, and we just knew we could always count on him to lead us."

According to Michael Sweeney, sophomore, Joel is the type of player that you definitely want on your team. He is humble but still has a chip on his shoulder because he knows he is talented.

"I wish I could have played with him longer to learn more from him," Sweeney said. "He played a major role on our team last year, and when we looked for someone to settle the game down and take control, he was the man for the job."

Smith was discovered by a scout from England who came over to watch the Blue Stars. The scout is head of a soccer academy in England that also owns a semi-pro team. They are the farm club for a higher English professional soccer team. Smith will play there for nine months.

Smith is thankful for the chance to be able to live abroad and keep playing the game that he loves. "If I get some experience over in Europe, I would love to come play back in the U.S. But for now I'm just going to enjoy this opportunity," Smith said.

Editorial

Concordia: A Campus of Honor?

Honorable is a powerful word that finds itself right in the middle of the mission that we share as Concordia University Irvine—Wise. Honorable. Cultivated. These words should offer hope for all of us from the lowliest freshmen to the grandest staff member. They are a shared hope. They are words of ambition for the future and hope for the now.

Being honorable is about what you do. Being honorable is something taught through examples and prodded by conscience. Honor is more than being well thought of by your peers. It adds a sense of value to your actions and words. It is a reminder that your actions are reflections of the groups in which you belong: your family, your school, your profession and your God.

William Shakespeare once wrote, "Life every man holds dear; but the dear man holds honor far more precious dear than life." To Shakespeare and many of his colleagues, honor was of extreme val-

ue—more value even than life. What if this campus brought that kind of ideal back into style?

This is our call to the people of this university. Give it a try. Make a promise, and live up to it. Commit yourself to something, and do it. Tell someone how you feel, and mean it.

Reflect well on yourself, this university and God by acting honorably. Do it, not because it is what you *should* do, but because it is something you want to do in reaction to the grace you have been given by God.

Romans 13:7 gives a collective directive: "Give everyone what you owe him: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor." We have one common debt among us. We all owe honor to God. Act like it.

We —"The Concordia Courier"— are seeking and learning to bring honor to you, CUI. We only ask you do the same.

Faculty Letter:

Psychology in the Kingdom of the Left

by Dr. Roberto Flores de Apodaca



PHOTO BY MICHAEL HARTLEY

Psychology and the kindred helping professions (e.g. Social Work, Counseling, School Psychology, etc.) have rightly come to be regarded as essentially secular in their underlying philosophies and methods. Other than the atypical graduate program, such as Fuller Theological Seminary, most Doctoral and Master's programs in the Behavioral Sciences take a decidedly secular approach to the course and practicum work they require of students in order to complete their degrees. That has led many Christian students to feel less than fully at home in many of these programs or to at least feel that they would have to defer the integration of their faith and professional life until after they had earned their degrees.

That reality, however, has not deterred many recent Concordia graduates from entering and succeeding in a number of prestigious Master's and Doctoral programs while maintaining their Christian faith and identity. The Psychology Faculty here at Concordia tries to model a personal and professional Christian identity and encourages students in our programs to pursue their professional goals as far as their talents and energies will take them; letting them know explicitly that succeeding in the secular world does not mean having to compromise their Christian faith and values. We are very pleased and humbled by the many recent Concordia graduates who are at various stages of degree completion at different graduate programs around Southern California (and the country). These are exemplified by recent Concordia graduates in programs such as:

Lauren Brighton (Ph.D., Fuller Theological Seminary)
 Nick Chesher, Jessica Roberts, Katrina Strickland, Greg Logid (Ph.D., Alliant University).
 Lauren Kusuda, Spencer Dunn (MSW, USC).
 Cassie Sanders, Chelsea Ungos, Meagan Seifert (MSW, Chapman University)
 Kiana Jackson (MSW, Cal State Dominguez Hills)

Ashley Perkins (MSW, Cal State Northridge)
 Pamela Robbins (MSW, Washington University / St. Louis)
 Brianna Springer (MSW, Baylor University)
 Brenda Kasaty-Dietrich, Alison Shirley (MSW, Long Beach State)
 Lauren Sahli (Law School, Chapman University)

These, and many other recent Concordia grads, have been flourishing personally and professionally at these and other graduate programs while maintaining their Christian faith. The Concordia Faculty makes it a point to stay connected with our current students and graduates in formal and informal ways. For example, Dr. John Lu spends countless hours advising and encouraging students on their graduate school aspirations and planning. Dr. Jenny Cosgrove introduces her students to the field of Psychology through her courses and work with student organizations. Dr. Buddy Mendez hosts a get-together in his home during the Fall Semester where recent graduates come and speak with current majors about the transition to graduate school; what courses and experiences were particularly helpful to them, what they can do to improve their chances of getting into the program of their choice, what to expect in graduate school, etc.

It is very gratifying for faculty to hear how students feel their Concordia experience prepared them and how they have been able to work toward their goals without compromising their Christian values. Their success in these programs, more than anything else we can point to, reassures us that we faculty have been right in encouraging them to continue their work in a field that has not traditionally been receptive to Christians and other students of faith. The Psychology Graduate School / Kingdom of the Left has increasingly become the home of students from the Kingdom of the Right who are finding personal and professional fulfillment in their work after graduating from Concordia University.

An End to the War in Iraq?

Two opinions on the conclusion of Operation Iraqi Freedom

Opinion 1

BY ADAM STETSON
 STAFF WRITER

There has been controversy over Operation Iraqi Freedom from the beginning. The "end of combat activities" is no different.

President Obama addressed Marines at Camp Lejeune, in Feb. 2009, saying, "Let me say this as plainly as I can: By August 31, 2010, our combat mission in Iraq will end." Sure enough on Aug. 31, President Obama made a speech saying, "Tonight, I am announcing that the American combat mission in Iraq has ended. Operation Iraqi Freedom is over, and the Iraqi people now have lead responsibility for the security of their country."

First, it is key that the Iraqi people have *lead* responsibility—not total responsibility. We have spent too much time and money training Iraqi security forces to leave them on their own. They know how to ride the bike, but they are not ready to have the training wheels taken off yet. We may need to slowly draw down our troops but not com-

pletely remove them...yet.

That being said we still have 50,000 troops in the country. These 50,000 troops may be being called "advise and assist" troops, but they are the same type of troops that have been there since the completion of 'The Surge.' "The Surge" was a build-up of our troops with increased and focused operations that was largely successful. Al Qaeda has significantly stepped down their operations. This does not mean they have 'ended combat activities' though. Al Qaeda is still carrying out attacks when and where they can. However, it is not feasible to stay in Iraq indefinitely.

Leaving at the appropriate time, does not invalidate the sacrifice of all of the men and women who served in Iraq. We had to withdraw at some point. What better time than after giving Al Qaeda a firm kick in the teeth? So what does this mean? This means that the "end of combat activities" is really a political or strategic move.

President Obama is keeping campaign promises. On the one hand he appears to be keeping his word on ending our involvement in the conflict. On the other hand, there are still 50,000 troops in Iraq. While withdrawing from the conflict was a great idea, setting a specific date was not. When and if we do actually withdraw our forces, it will need to be slowly and quietly. But however we withdraw, we need to be ready to step back in and assist the Iraqi security forces at a moment's notice.

While the Iraqis are well trained, they simply do not have the resources and firepower like the United States military. Perhaps, this is the strategy. If a big deal is made about our withdrawal, the mice may come back and play if they think the cat is away. We must remember that Al Qaeda has made no announcement of their strategy. My guess is that they will not stop fighting until every last person (on either side) is dead. That being said, ending a mission before the enemy is usually taken as surrender.

Opinion 2

BY JARED SNYDER
 STAFF WRITER

Who'd have ever guessed that we'd be in the current situation we are now under somebody as highly qualified as Barack Obama? In all actuality, Obama is no more qualified to be president than a toddler is qualified to perform a lobotomy.

Unless you live in the darkest corner of some obscure cave, you are aware that Obama recently declared from his desk in the oval office that the war in Iraq was over! In his address on Aug. 31, he stated, "This was my pledge to the American people as a candidate for this office. Last February, I announced a plan that would bring our combat brigades out of Iraq while redoubling our efforts to strengthen Iraq's Security Forces and support its government and people."

Okay. First off, I want to know why he felt compelled to make such an "I told you so" statement. The majority of the American people know that Obama talks out of both sides of his mouth. And on that premise, I'd dare to say that Obama is gunning for a higher approval rating now that he is making even former President Carter smell like a bouquet of roses.

Rasmussen Reports put Commander Obama at a 51% overall disapproval rating on Aug. 31. The four following days showed steady increases in the Commander's disapproval rating—topping out at 57% on Sept. 5 and then leveling out at its current 55%.

It seems safe to say that if he was trying to demonstrate to the American people that he could keep his word, he failed at achieving this goal. Yet again, he has made a choice that has not won him any great support from the American people who seem to be quite fed up with empty promises.

This leads me to the other problem that arises with Obama's statement. At another point in his address he notes the financial strain that the war has put on America. Yet, he states in the quote above that we will now focus on "redoubling our efforts" to strengthen and support Iraq.

Unless I was taught a different English than the one Obama was speaking, he has stated that the resources that we have issued to Iraq have put a great strain on us, but that after we pull our resources out of Iraq, we will once again resume supporting Iraq in the same manner. Isn't this self-defeating?

This is a man who is well aware of the fact that the war in Iraq is definitely not over. Furthermore, sending a lesser amount of resources would result in the hindrance of the safety of American soldiers and contractors in Iraq. Is it now safe to say that our brave young men and women died in vain?

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 Write a Letter to the Editor.
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Student Leaders Speak

Josh Hartel
CUI BONO Cabinet

I'm ignorant and so are you...

In the fall of 2008, I came to Concordia thinking that I was pretty smart and clever, despite ample evidence to the contrary. I had been a lazy C- student for my entire academic life, and I had chosen Concordia for all the wrong reasons. These reasons were to avoid a math requirement and to graduate as quickly as possible in order to get a good job. Before coming to Concordia, I had spent five years at Golden West College taking courses I was interested in (like Rock n' Roll History 101), but these courses did not fulfill many of the general education requirements.

So I came to a private school where I did not need to fulfill G.E. requirements before I transferred. This decision was not accompanied by any serious thought. I had simply heard of Concordia and decided to apply.

My first semester here, I was automatically enrolled in three back-to-back-to-back history classes all being held on Tuesdays and Thursdays and all being taught by the same professor. These three courses introduced a different style of education that I had not been exposed to before. These courses would later come to be referred to as "The Gauntlet" because of the enormous amount of reading that was required. The curriculum for the course was simple: read until you want to cry and show up for lecture. Because of the difficulty of the courses, my ignorance was being exposed, but I liked the feeling.

That year, I also became a member of CUI BONO. I was surprised to find that here at Concordia, there were a small group of students, who, like me, had become aware of their ignorance. Our goal was to put on academic events to raise student awareness concerning academic issues. Basically, we all wanted to put ourselves under the instruction of professors who "know" because like Meno's slave: we knew that we didn't know.

It was also during this period that I became painfully aware of the amount of work that professors put into their classes. I witnessed professors pulling late nights and constantly carrying their lecture notes around. I became aware that the professors of this university care about the success of their students. Moreover, CUI BONO events depended heavily on the willingness of faculty to give talks and lead debates. I was shamed. Those professors I had become acquainted with clearly cared more about my education than I did—despite the fact that I was the one paying high prices for it. I had, however, come upon the secret: my education is within my control.

This little backdrop is not meant to impress. Rather, I include it in this column to show the depths of my own ignorance. I also include this because there are many students on campus who have had similar thoughts and feelings. My encouragement to these students is twofold. First, acknowledge your ignorance. This is not a negative experience—it gives the student freedom to learn without fear of being judged and without any semblance of pride. Second, come to a CUI BONO event this year. The purpose of all the CUI BONO events is to create an academic community which is something we students at Concordia are lacking. There is no shortage of brilliant professors and curious students so there should be a thriving academic community on this campus.

More specifically, come to the 3rd annual CUI BONO retreat on September 25-26. There will be various professors coming and the topic is "Vocations: How professors fail you and how you fail professors." The only requirement of students desiring to attend is simple: come humble and come curious.

Campus closure for chapel causes mixed emotions

BY BRANDI AGUILAR
STAFF WRITER

As of Aug. 30 in a decision made by President Kurt Krueger, Concordia has closed all of its university offices during chapel time in order to encourage faculty and students to attend chapel. Chapel is held from 10:30 a.m. to 10:50 a.m. on Mon, Tues, Thurs and Fri. All offices will be closed from 10:25 a.m. to 11:00 a.m. on these days.

Offices must close, and in some cases, lock their doors during chapel. They must also put up a sign on the door inviting students to attend chapel. Student employees do not have to report to their on-campus jobs during this time, and phone calls to the school will not be answered until chapel is over. The Campus Safety office will have closed doors, but one safety officer will remain on duty.

Most students seem to agree with these changes. "I think it's a good idea because it gives everyone the opportunity to go to chapel and no one is really forced to go," says Kate Nordseth, sophomore. Nordseth already attends chapel every Tuesday.

Jayd Banuelos, sophomore, believes that this is a positive change for Concordia. "It's just for 20 minutes and it will give our students time to go to church and not be distracted. So yes, I think it's very positive, especially since I really enjoy chapel," Banuelos said.

Concordia is known for not forcing students to go to chapel in keeping with their understanding of Christian freedom and faith without mandate.

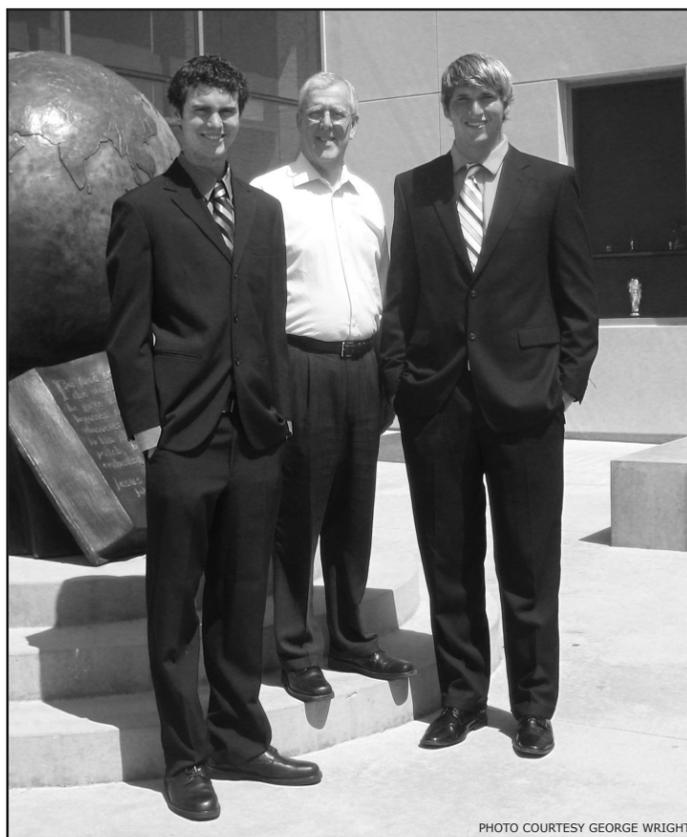


Students, faculty and staff gather around the CU Center following a chapel service.

Meghan Jones, however, does not think the campus closure is a good idea. "It doesn't help the students who don't go to chapel because what if a student needs help with homework or has a question? We won't be able to use any campus facilities during this hour now because they're closed," Jones said.

The library will remain open. However, with less staff and less services offered, it may be more difficult to use.

Campus study places, lounges, and computer labs not headed by professors will also remain open. Emendare will be open during chapel, but no sales can be made.



Student Leaders Jacob Cantor (Left), junior, and Alexander Harris (Right), junior, will facilitate financial events and encourage student involvement in entrepreneurial endeavors through the program. They are shown here with Dr. Timothy Peters, Dean of the School of Business and Professional Studies.

Personal finance program introduced

BY TARA KING
SENIOR WRITER

'College Money Matters,' a Thrivent Financial for Lutherans pilot program is coming to Concordia starting this Fall to help students better understand and manage their personal finances.

Jacob Canter, junior, and Alexander Harris, junior, will act as Money Matters Student Leaders for Concordia.

Canter is a Business Administration major with a Marketing emphasis, and Harris is a Business Administration major with a dual emphasis in Accounting and Finance. They have read-up, trained and are ready to use their public speaking skills to get students involved by advertising and facilitating sessions.

For them it is not just an internship, acting as a golden star on their resumes. "Our hearts go out to those students who need to learn about financial literacy," Canter said.

College Money Matters is not open to only certain majors. "It needs to be more than just about business students who learn about this stuff. It's basic personal finance that everyone should know," said Harris.

"Once a month or so we will hold a meeting [with the help of a Thrivent Financial representative], which will add up to six or seven big presentations over the year," Harris said. "We plan on also doing one-on-one sessions with students if they want to start a spending plan."

Canter said, "We hope that every session students learn and grow and come out learning something about how and where they spend their money."

The first College Money Matters session will be held on Sept. 21 at 7 p.m. in the DeNault Auditorium. The topic of the financial discussion will revolve around the "dos and don'ts" of credit cards and will be open to all students and faculty.

New CUI Missions Board strives to define the "Great Commission University"

BY JASON WHALEY
STAFF WRITER

A new Missions Board is forming to create an opportunity for students to get involved in mission trips around the world.

The school is creating a group of around eight to 12 students, faculty, staff and administration to form a place where people who are interested can receive more information on mission trips.

Quinton Anderson, Campus Pastor, said, "The purpose is to organize a number of individuals who have had a passion or responsibilities, certain expertise or knowledge in missions and mission trips on and off this campus in order to try and find a way to continue to make that

a vital piece of who we are as an institution and create positive opportunities for students to experience those pieces."

Anderson is optimistic about receiving funding for the Missions Board. "There are different places where there can be financial support, but there is nothing specifically set up for this missions council," Anderson said. "Hopefully, in the near future, we will have a place on campus that is the house that has the responsibility for it."

The people who join the Missions Board will be in charge of sharing information, planning the trips, and organizing paperwork that is necessary to attend.

"The main piece is the sharing of information regarding mission trips that are being planned,"

said Anderson, "The second piece is really about trying to create a system that is easier to engage in, in order to participate in or to lead certain trips."

Students around campus are excited about the creation of a Missions Board. Amanda Christensen, sophomore, said, "I think it's a great opportunity for students and faculty to get involved in missions work and traveling to spread God's Word." Regarding whether or not she would apply for the board, Christensen said, "Depending on my schedule, I may. It sounds like a lot of fun and a great opportunity so I will have to check it out."

If you are interested in being involved in Concordia's Missions Board, contact Pastor Quinton Anderson at quinton.anderson@cui.edu for more information.

CUI Lacrosse tired of clubbin'

BY MANDY KING
STAFF WRITER

As its athletic talents emerged on and off the field last season, Concordia's Lacrosse club established that there is more to it than just throwing a ball around on the field. In years past it has only been a club, but this year Lacrosse has hopes and ambitions to change student and faculty perception regarding how clubs are seen on campus.

The Lacrosse team has many different recognitions and records, but it is still just a club on campus. Danielle Carey, junior, said, "I can see the determination and heart in all of the team and can see them being a great asset to the varsity program here at Concordia." The team has the support needed by many students to become a varsity sport but still needs the approval from the university.

Goalie, G.M. Ciallella, senior, assures Lacrosse fans that whether or not it becomes a varsity sport this season, it will still continue to play just as hard as ever. "We would love to be a full varsity sport, but we don't let that distract us from our goals on and off the field," Ciallella said. "We have support and encouragement from the administration and that seems to grow every year. Until the day it tells us we are a full varsity sport, we graciously accept what we are given and work hard with the resources at hand to build a better team."

While seasons come and go, Concordia Lacrosse shows that athletes do not have to be on a varsity team to get recognition. The 2010 Southwestern Lacrosse Conference (SLC) Division II All-Conference recognized four of the players on the Concordia Lacrosse club for their high performance over their season.

Thomas Seaman, sophomore, was given an acknowledgement for his determination on the offensive line. Jake Tobias, sophomore, was noticed for his hard work on the defensive line. Seth Gordon, sophomore, was accredited for his high performance at short stick mid-defense skills. Ciallella was named Concordia's first lacrosse Division II All-American.

All of the athletes on Lacrosse look up to their head coach, Will McMinn. McMinn was given the award for Coach of the Year from the 2010 SLC Division II All-Conference. Each player picked for the 2010 SLC Division II All-Conference competed at a higher level than the rest of their counterparts in the region, beating out players who attend larger schools who get national recognition for athletics annually. This shows the determination Concordia Lacrosse has for its name and reputation.

The new academic year brings new hope and new faces to the team. There are 10 new players that will bring new willpower to the team. "Our new players are terrific young men who are both committed and competent and will help us get to that next level this year," McMinn said.



PHOTO COURTESY THEA CAMPBELL

Concordia Lacrosse looks to improve upon successes of the 2010 season.

SportsLine

Chris Cooper

Graduate Assistant
Athletic Training

This is my first year as a graduate assistant athletic trainer at CUI. My main sport responsibilities are women's basketball and aquatics. Aquatics includes both men's and women's swimming, diving and water polo. I got in touch with Korey Kobata, Head Athletic Trainer, at the end of last term. We started negotiating through the hiring process that eventually resulted in me deciding on Concordia University.

The decision was not incredibly difficult. I am very familiar with Concordia Athletics and the area. When I was an undergraduate, I visited the campus numerous times for sporting events as an athletic training student and as an athlete. I have always been impressed with the Athletics Department and its drive to establish itself as a top contender—not only in the GSAC but also when it comes to national recognition.

So far things are going great. I enjoy the university, its students, co-workers and athletes. I feel like it is the perfect fit for me, and I definitely get a strong feeling that this is where I need to be.

Athletic training, as a career, is a perfect fit as well. Many people do not fully understand what an athletic trainer does. Some mistake us for the widely known "personal trainer." Although many personal trainers are highly educated, what we do tends to be much more in-depth in terms of time and medicine.

Furthermore, strengthening of an athlete is only one aspect of what we do. We deal with the physical, emotional and psychological aspects pertaining to prevention, recognition, evaluation and rehabilitation of orthopedic injuries. Along with this, we as athletic trainers have been educated in pharmacology and general medical illnesses. This training is necessary, considering we work alongside different doctors to provide the best care for our athletes.

One of the biggest questions that athletic trainers receive is, "What made you want to become an athletic trainer?" There are a couple different ways one would do this. One interesting path is taken by those who wish to professionalize in other health care realms such as doctors, physicians assistants, chiropractors, dietitians and physical therapists. Although this happens quite often, many of the athletic trainers today become such by love of sports. Learning about athletic trainers through encounters at one's high school or college is an easy way for the profession to be recognized and discovered.

My story is somewhere along those lines. From the time I was six years old, I desired to make a living throwing a baseball. That dream stuck with me through high school and got me to college. Even in my first two years, I had no ambition for anything other than playing the game. If someone asked me what type of career I wanted to pursue, I would tell them I had no idea.

What I did know was that I was very intrigued by the human body. I wanted to know everything about how it worked and its movements. So, early on, I enrolled in human anatomy and physiology and absolutely loved it. While sharing these interests with my college head athletic trainer, I decided to start taking some athletic training specific courses.

It didn't take long for me to come into my own and for my newfound love to take off. Nothing has ever struck me as strongly as the desire to be an athletic trainer. From there I have never looked back. I have had the opportunity to partake in the experience at many different levels, whether it be high school, junior college, university or professional level.

Greg Dinneen: The man behind the height

BY TREVOR BANGMA
STAFF WRITER

Greg Dinneen has been around sports almost his entire life. He has been Associate Athletic Director at CUI for seven years. Previously, he was the head women's basketball coach at Concordia from 1997 to 2004. He graduated from Cal State Fullerton and followed his passion in sports.

According to Dinneen, his background in coaching prepared him to be an athletic director because he understands all sides of athletics. His love for athletics makes it easy for him to do his job and has inspired him to improve anything he can for the Eagles.

"I see big potential in every team. The ultimate goal is for every program to win GSAC, and then to go on to nationals, and I believe that any team here at Concordia has the capabilities of doing that," Dinneen said. "I'm very excited for this year, and I can't wait to see how it all turns out."

Kyle Infante, Concordia sports writer and announcer, believes everyone on campus really appreciates Dinneen and the fact that he works hard to make all of the student athletes happy.

Dinneen has done more on the marketing side of things this year. Ample posters and schedules have been handed out and there is more talk about Concordia sports. Different high schools around the area will be invited to games, and he wants everyone that is coming to watch to have a great time. In addition, like last year, Concordia will have "Pack the Gym" night and Homecoming.

Overall, Concordia Athletics is making its name known and a lot of work by Dinneen and many others is being put into making it greater.

Intramurals back in action

BY ADAM HOFFMAN
STAFF WRITER

The intramural sports season has officially begun as students get ready to prove who is best at each of the five intramural sports that will be hosted this school year.

The intramural season kicks off with volleyball. Volleyball is inarguably the most popular intramural sport among the student body. "I would definitely say that volleyball is the biggest of the intramural sports here at Concordia because it's a sport that everyone can enjoy," said Jacob Canter, junior. Everyone from high school stars to people who have never played a day in their lives will be out on the courts with their game faces on.

Other intramural sports that are on the schedule for this year include indoor soccer, dodge ball, basketball and football. Soccer and basketball have been constant staples in the rotation for intramural sports. However, dodge ball is making a grand return after a year off.

Defending champion, Brandon Rigoni, said,

"We're not ready to give up our title, we've got a lot of people returning from our championship winning team and I don't see any reason why we won't bring home the title once again!" The dodge ball season will surely be one of the more entertaining of the intramural sports to be played.

Flag football had a rough going last year with few participants and a lack of organization. However, organizers have moved the football season from the spring to the fall in hope that more people will be in the football spirit. "I think more people will participate in flag football this year because they are having it during the college football and NFL seasons," said Kyle Infante, senior. "People are more in the football spirit now than they are in the spring."

All students are welcome to participate in all of the sports offered this year and organizers hope to get as many people out to play as possible. For information about intramural sports, check out the bulletin board in the gym walkway. "It's a lot of fun when there is a ton of people out there competing," said Alex Picarello, senior. "I think that this year, intramurals are going to be crazy."

Eagle Golf Classic tees off October

BY KEVIN BLACK
STAFF WRITER

CUI is putting on its 21st annual Eagle Golf Classic on Oct. 1 at the Tustin Ranch Golf Club. The Golf Tournament's proceeds go toward the Concordia Fund which helps provide funds to university programs in need.

As of now only an estimated 100 people have signed up for the event. Last year they brought in approximately 130 golfers which was the highest they have ever had in the event's 20 year history. This year they have set their goal to have over 150 golfers.

"The Eagle Golf Classic is going towards a great cause," said Dave Mercier, Associate Director of Development. "It is going to the future leaders of the community—ethical and well rounded, great citizens who will eventually go out into the world in ministry and other business ventures."

The golf tournament is for a foursome best ball scramble. A best ball scramble is when everybody in the group tees off and you take the best ball from

your team and everyone picks up and places their ball next to the best ball and so on until the hole is finished. This format allows even the worst of golfers to still feel like they are contributing because they may unexpectedly hit a great shot.

There will be a lot of contests going on to win some fabulous prizes. There will be a putting contest and hole-in-one contest in which the winner will receive \$25,000. In addition, there will be smaller prizes for the longest drive, closest to the pin and most accurate tee shot.

Student volunteers are needed to be greeters and help work the event. Wendy Leivan, Director of Data Management and Gift Processing, says the golf tournament is more of a "friend raising event" where you can meet new people and help be a positive impact on your school and community.

For more information about the Eagle Golf Classic regarding participating, volunteering, or sponsoring a player or a team, contact Wendy Leivan at (949) 214-3186 or at wendy.leivan@cui.edu. Also check out the Eagle Golf Classic website at www.cui.edu/golf.



21st Annual Eagle Golf
Classic

\$25,000 Putting Contest,
Prizes & Gourmet
Banquet

Friday, Oct. 1

Tustin Ranch Golf Course

Registration 9:30 a.m.

Shotgun 12 p.m.

For more information or to register visit
www.cui.edu/golf



Artist Spotlight

Margaret Foreman

A Blooming Passion

For as long as I can remember, I have had a talent for drawing. In grade school, all the girls would ask me to draw them a flower, a cat or a puppy. When I got to high school, my friends would roll their eyes at the complex doodles that covered my notebooks. Even now, being a junior at Concordia, things haven't changed much. Art is still my hobby, my outlet, my passion. The only difference is that I have chosen to make it my major and career as well.

People always ask me what my favorite medium is and I always answer that I am still figuring that out. I consider myself a beginner. I haven't even started experimenting with all the different techniques and mediums that are out there. For the sake of answering the question, however, I say it would be charcoal and pastels. I love the fact that they are flexible but permanent. They can be moved around and changed, but the mark is still made. Any mistakes become part of the art and the artist has to learn to work with them and make them beautiful. I am excited to try different mediums and discover each one's personality.

I get my inspiration from other artists, my emotions and the things that I care about. I am especially inspired by individual pieces—specifically from beginning artists. I love seeing raw talent. I feel like artists create the most honest, expressive pieces when they are just starting.

It has always been my goal to keep my art as such: open, honest, and meaningful; not just a pretty picture. In fact, I have learned that I cannot produce something that I'm proud of unless I find a subject matter that is important to me. Without a subject matter that I can put my heart into, I am unmotivated and my art is mediocre. Finding something that really inspires me can be difficult, but I generally work from the same principles.

I also love art that is relatable and tells a story. I want people to look at my art and draw some sort of meaning from it whether or not it was the meaning I intended. I don't want to create cryptic drawings that make people wonder what I was thinking. Rather, I want to invite viewers to think about themselves, their beliefs and the world around them. To find the subjects that I am excited about, I observe and look through magazines and on the internet. Sometimes, my imagination is sparked by a photograph, another drawing or even a video. Other times, I read an article or learn about a global issue that makes me want to change something. Searching is exciting, but finding a subject matter is the hardest part of the process for me.

Due to my sources of inspiration, I normally draw people. I like to capture the emotions expressed in their face and let their bodies tell a story. I believe that art like that can make a difference. Last year, as part of my drawing class, I decided to focus on hope in Africa. I had heard a lot about the students that went to Africa on the mission trip, and I was so excited to hear the stories of hope that they saw in the people there. I really wanted to communicate what the students saw through my artwork. Some people believe Africa is a hopeless place when in reality, it is full of hope. I wanted to make people viewing my art care about the people in the drawings, but I also wanted them to see their hope despite the unfortunate situations and ultimately learn from that.

Passion is a hard thing to find. I feel truly blessed to have found mine so early in life. I know that it's scary to be following it, but I cannot imagine doing anything else. I get so much joy and an amazing sense of accomplishment when I look at a drawing I am proud of. When I get that antsy feeling from stress or a long week, drawing is an escape for me. There is no reason not to surround myself with that for the rest of my life.

To do so, I plan on going to graduate school to get my master's in Art History. My hope is to be a curator of an art museum or to own my own gallery. Of course, I will always be creating my own work.

OC Museum of Art showcases major artists

BY BREANNA LAFFERMAN
ARTS/REVIEWS EDITOR

Getting swept away by the fast-pace world that can be Orange County, one might forget that this area is filled with rich culture and fine art. Just keep your eyes open. An example of the art that is right outside our doorstep are the exhibits featured at the Orange County's Museum of Art (OCMA). Currently, OCMA is hosting two excellent exhibits: "Charles Long: 100 Pounds of Clay," and "15 Minutes of Fame: Portraits from Ansel Adams to Andy Warhol."

"100 Pounds of Clay" is an interactive installation by sculptor Charles Long. Originally presented at OCMA in 2001 and brought back again in 2006, this popular artwork begins its life as a minimalist sculpture made up of 100 one-pound blocks of perfectly formed, brightly-hued modeling clay and subsequently evolves through sculptures created by museum visitors. Visitors are invited to mold, sculpt and play with the blocks of clay, obliterating the "don't touch" taboo of museum artwork.

In this work, Long reconsiders the modernist tradition of engaging museum visitors to shape the clay which Long considers a representative material of childhood play. As each block of clay collects the imprint of every gesture, it becomes both a visual and a physical record of human contact. Museum staff provides yet another element: as the pristine blocks are transformed into sculptural forms, the staff is instructed to replenish the work with fresh blocks here and there. When the installation is over, the molded clay will be recycled and made into a new work by the artist.

In addition to "100 Pounds of Clay," the Orange County Museum of Art is showcasing more than 175 works, primarily from the museum's significant collection of photography, including many that have never before been exhibited. "15 Minutes of Fame: Portraits from Ansel Adams to Andy Warhol" explores a diverse range of photographic portraits from early modernism to photographs of celebrities from the 1930s to 1960s, photojournalistic street photography from the 1960s and contemporary portraiture.

Both "Charles Long: 100 Pounds of Clay," and "15 Minutes of Fame: Portraits from Ansel Adams to Andy Warhol" will be at the Orange County Museum of Art until Sept. 19. For more information visit OCMA's website at www.ocma.net.



Art appreciators of all ages enjoy the Orange County Museum of Art's interactive clay exhibit.

Upcoming Arts Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gerry Artwork 9/3-30 Grimm Hall		14	15 Ferris Bueller's Day Off Outdoor Amp	16	17 Hamlet 7:30 p.m.	18 Hamlet 7:30 p.m.
	19 Hamlet 2 p.m. & 7:30 p.m.	20	21	22	23	24 Hamlet 7:30 p.m.
		25 Hamlet 7:30 p.m.				
26 Hamlet 2 p.m. & 7:30 p.m.	27	28	29	30	1 Fullerton Art Walk Graves Gallery 6-9 p.m.	2 Laguna Dance Festival Main Beach, Laguna

Do you act, dance, draw, jam, model, sculpt, write, sing, etc.?

Be featured in the Courier's "Artist Spotlight!"

Tell us what you do at newspaper@cui.edu.

Alphabetical Atrocity

Presentations are never easy...

Short Fiction
by Taylor Bearden

Try to find one person who doesn't have an embarrassing, yet hilarious personal story hidden away. Since the beginning of time, people have set foot into the world with inside-out shirts, mismatched shoes, disheveled hair—you name it. Many a time have there been stories about that amazing volcano project that unexpectedly dyed your face a strange shade of orange, but not one "I tripped in front of my crush in the hallway" story can compare to what happened to me during the most vulnerable part of my entire school career. Hold on to your seats, my friends. We're going waaay back...

Flashback to 1998: Kindergarten. A rosy-cheeked young girl with bouncing brunette ringlets and a knit sweater set sat Indian-style on a green, Berber carpet. Oh, the joys of being a child of the 90's. That day in Ms. Tomier's class was the most special of all. It was the day one child was chosen to do the honor of reciting the most sacred of all childhood songs—the Alphabet song. Faster than you can sing, "Twinkle! Twinkle!" every hand had screamed into the air as if they were a N.A.S.A. rocket taking lift-off. Apparently my hand was the most lunar because I was chosen to stand in front of my classmates. I stood up and bashfully faced the class. Ms. Tomier motioned for me to start. Something was wrong. A sudden breeze of laughter made me shiver, and my face became warm with embarrassment.

This could not be happening.

My skirt had slipped. I stood there, motionless, revealing my frilly Barney-patterned underwear. Surely this was the end of me. Even my teacher gave a slight chuckle but helped me to the bathroom to save me from further torture. Cry? Never. Death? A possibility. As if by a miracle, the bell rang and my mother came to whisk me away from my own personal catastrophe. I ran to my room, tore off the hellish garment and threw it into the corner for its own time-out. What did my mom realize upon examining said garment? She forgot to sew elastic into the waistband. Thanks a bunch, Mom. I think I'll refrain from coming in contact with anything of the cable-knit variety for now...

Take a Stand Against Poverty

BY BETHANY LOESCH
CAMPUS LIFE/INT'L EDITOR

On Sept. 17 at 6:00 p.m., hundreds of Americans will gather at San Diego City College and many other destinations around the world in a Stand Against Poverty.

In 2000, the United States along with 188 other countries, outlined eight basic goals to fight poverty in the new millennium. It was decided upon by the leaders of these nations that the Millennium Development Goals (MDG's) (pictured right) would be accomplished by the year 2015. In order to stay on track, leaders from the countries involved in the pact have come together every year to review the goals and make sure that progress is being made.

In support of the MDG Review Summit, the United Nations Millennium Campaign has been organizing "Stand-ups," in major cities all over the world. People can participate in various activities such as banging spoons on metal plates to symbolize hunger, ringing church bells, or simply participating in a standing demonstration to show support for the world leaders' annual meeting regarding the MDG's. According to Stand Against Poverty's website, the event will send a message to the leaders that, "We will no longer stay seated or silent in the face of poverty and the broken promises to end it!"

Event organizer Kristin Clements-Effner, said,



"We hope that the MDG Review Summit will result in President Obama outlining a detailed plan for the United States to assist in meeting the MDGs which includes foreign aid reform measures that would make foreign aid more effective in building sustainable communities around the world. The United States is a leader in these efforts, and if we can outline a clear strategy, it will lead to increased investments by other countries."

The eight MDG's decided on by the world leaders include: eradicating extreme hunger, improving maternal health, achieving universal primary edu-

cation, combating HIV/AIDS, Malaria and other diseases, promoting gender equality and empowering women, ensuring environmental sustainability, reducing child mortality and making a global partnership for development.

Some Concordia students are looking forward to attending San Diego's "Stand." "I've never participated in one of these events before so I'm excited to see what it will be like and what the turn out will be," said Ariel Podas, senior.

For more information on the event and on how to register, visit www.standagainstopoverty.org.

Albino persecution persists in Africa

BY SHANNON SAINE & TREVOR WHITE
STAFF WRITERS

For years, people in East Africa have believed that certain parts of the albino body will bring luck and prosperity if consumed or used in a potion or spell. Not only have albinos been persecuted, killed and dismembered, but their graves have been robbed of their bodies as well. Only recently have the persecutors of albinos been held accountable for their actions. Although some of these individuals have been caught and brought to justice, witch doctors are still finding ways to use albino body parts in their black magic spells.

Between the years of 2007 and 2009, at least 70 African albinos were killed in Burundi, Kenya and Tanzania. Reports have shown that the limbs, including genitals, ears, nose and tongue, can sell around \$75,000 U.S. dollars.

In Swaziland, 11 year-old albino, Banele Nxumalo, was shot and carried away by masked gunmen next to the Sigudama River on Aug. 25. When interviewed by local media, the boy's father, Luke Nxumalo, said, "I wonder why albinos are targeted, because they are just humans like us and a gift from God."

In December 2007, the government of Tanzania was accused of not taking proper action after four albinos were murdered and dismembered. Approximately one year later, Mizengo Pinda, the prime minister of Tanzania, declared a state of war on those persecuting albinos for the practices of witch doctors.

Since this declaration, there have been several murders to which no one has been named responsible. Pinda is actively trying to find ways to put a stop to this appalling fixation. His recent ideas include public hangings of those found guilty of murdering albinos. He believes this public display

of justice will make it known that these persecutions are being taken seriously.

During a recent trip to Africa, mission worker Nancy Weber, described the situation as "sickening." Weber did not interact with anyone suffering from these persecutions as they truly are "in hiding." Although the Tanzanian Albino Society is a huge advocate for the albino people of Tanzania, these persecutions are still taking place.

Compared to other places in the world, Africa's population of people born with albinism is six times greater. Albinism comes from two recessive genes, meaning that even if neither parent has albinism, it is still a possibility for their children to have it. This trait is more common in isolated societies or places where intermarriage is more common.

For more information on albino persecution, including a "20/20" episode on the lives of albinos in the U.S. and East Africa, visit abcnews.com.

CUI launches study abroad exchange in Milan

BY KAITLYN SOLTESZ
STAFF WRITER

Concordia is introducing a new exchange program in Milan, Italy. Milan is not just a shopaholic's dream—it appeals to all kinds of people, especially

students. Italy's powerhouse city of the wealthy and powerful is also a key tourist destination with work hard, play hard ethics. Not only is Milan home to designer clothes and furnishings, but it is home to Leonardo da Vinci's painting "The Last Supper" which can be seen in the Brera Gallery. As if this is not enough, students also have the opportunity to

stroll the streets by the Duomo, one of the largest Cathedrals in the world with its pinnacled towers and gleaming white surface.

Through this program, students are able to have peace of mind in going straight through the Concordia system instead of having to find an outside study abroad program. Kelcie Hoover, junior, who recently participated in an abroad program called "Semester at Sea," says she has a great interest in doing more traveling while in college. "The exchange program to Milan sounds like a great opportunity that I just can't pass up. Even though I've seen over a dozen other countries, this particular program is not only tailored to the Concordia student, but is also financially convenient and will further broaden my global perspective," Hoover said.

Students enrolled in Concordia's Milan exchange program pay tuition to Concordia and can still use financial aid as normal. Students applying for a semester abroad must be considered a full time student at CUI, be at least a standing sophomore, have a 3.0 G.P.A. or higher, and apply a semester in advance. Students from Concordia are allowed to study abroad for two semesters total, and seniors are not allowed to go abroad during their spring semester.

For more information on the exchange program in Milan, see Dian Vieselmeyer, Associate Dean of Students for Academic Support Services, for an application and Dr. Cheryl Williams, Assistant to the President for International and Cultural Relations, with questions.



Around the World Update

Alex Flores

Roundin' Russia

We flew more than 20 hours, took four planes and topped it off with a four hour bus ride, but we finally made it to Russia! The "Rounders," as Dr. Norton has named us, and I came to the quick realization that Russia would be a lot different than Argentina in many ways.

For starters, most of us had some sort of knowledge of Spanish which was helpful in Argentina, but not one of us knew Russian. Thankfully, we have four translators who are with us a majority of the time to assist with everything from asking what we're eating to translating an entire two hour church service.

Another difference is the drastically changing environments that we are in. In Argentina, we were in Buenos Aires—a busy, overpowering city. Here in Vladimir, Russia, we are in a small town with many towering trees and tiny shack shops on every corner. One thing that the team was not prepared for is definitely the same—both countries have been unexpectedly cold.

We are staying at Immanuel Church here in Vladimir. The pastor's wife and some other women of the church cook breakfast, lunch and dinner for us just about everyday. They have cooked us some mind-boggling Russian dishes that include some variation of soup and potatoes, crisp cucumbers and tea at every meal. My favorite dish so far is a dessert they make for us called *Blini*. It is a Russian crepe that is brought out perfectly warm and flat with a heap of homemade jam melting on top. It is one of those foods that you eat and immediately feel the need for a nap afterwards.

Immanuel Church has its own ministry that we had no idea we would get the chance to work with. They have a rehabilitation program for men with different issues, such as alcohol abuse and theft, and who live and work at the church. We have been able to get to know these men and worship with them during our SHOUT! service and at their worship services. They have even taken us to get ice cream as well as shared music with us and challenged us to a game of soccer.

Mercy Ministries is the main group that we work with four days a week. Their mission is to work with the orphans in the area to help keep them off the streets. They fill the lives of these kids with love. We have had the opportunity to work on a few projects with them such as harvesting potatoes at a boarding school and cooking dinner for families of Immanuel Church who have adopted numerous children.

Our journey has been about a month now. It has been a month without our families, without our friends and without what we all know as "normal" school. However, God has already given us a new family, new friends and a new way to learn.

I am so overwhelmed by the love that has been shown to us here in Vladimir. There are simple things where I can see the team loving on each other and working together to overcome any barriers that form in front of us. Things like 17 girls sharing one shower with no issues, the boys walking the girls around town to ensure safety and Dr. Norton's wife, Erica, not only being a mom to two small children but also to 25 grown college kids.

This trip is a precious gift that has been handed to us. We're only four weeks in and I feel a special bond to every single person on this trip. I love how Brock Powell makes us all laugh uncontrollably and how Amber Watson sincerely and whole-heartedly cares how you slept the night before.

We all have special talents that have been bestowed upon us by our Creator and He has definitely been using them already through music, theater, physical strength and more. The Lord has already blown me away with the people and experiences I've encountered so far. I am looking forward to having more of these moments where I can stand in total awe of God.



The Duomo Cathedral is one site Milan exchange students can explore during their study abroad.

Campus Voice

What was your first impression of Concordia?



"Concordia shows the love that God wants everyone to offer."

Ty-Renai Davis, Freshman



"When I first stepped on campus, my initial thought was, 'Wow!' Week of Welcome was no joke. I love the atmosphere, and everyone makes it feel like home."

Michelle Gutierrez, Freshman



"Coming from rainy Oregon, the weather along with the beautiful campus made a great first impression. Also, there was so much to do and get involved with."

Lauren Linnemann, Freshman



"Everyone here is really nice. It made me at ease."

Imani Holland, Freshman

COMPILED BY ALY CASTRO



SANITY BREAK

Musical Mayhemania

1. AutoTune the News: Bed Intruder Song
2. Total Eclipse of the Heart: Literal Video Version
3. The Muppets: Bohemian Rhapsody
4. Auto-Tune Cute Kids and Kanye
5. Symphony of Science— "We Are All Connected"
6. Bangs— Let Me Take You to the Movies
7. Bud Light T-Pain Auto-Tune
8. I'm Just a Baby ft. Tay Zonday
9. Mommy & Daddy Song
10. A Whole New World— Nick Pitera

Word of the Day

rue |roō|

verb (rues , rued , ruing or rueing)

[trans.] bitterly regret (something one has done or allowed to happen) :

Ferguson will **rue** the day he turned down that offer.

Tiffany woke up **ruing** last night's *Tapas* excursion.

ORIGIN Old English hrēow [repentance] hrēowan [affect with contrition] of Germanic origin; related to Dutch rouw 'mourning' and German Reue 'remorse'

Classifieds

Gateway Laptop (2007)
Looking to donate to worthy cause.
Imperfect condition but functioning.
emily.eltiste@eagles.cui.edu.

Got junk?
Submit classified ads to
newspaper@cui.edu.

Sudoku Puzzle

Difficulty: Challenging

			5				9	
		7			8	2	4	
2		3		4				
8		6					1	
3				8	2	5		
				1				9
					7			
6		8	4	9			2	7
						9		

PUZZLE COURTESY PRINTFREESUDOKUPUZZLES.COM

For puzzle solution visit PrintFreeSudokuPuzzles.com

Puzzle Set #C5588A

If You're Feeling Raw, go RA



PHOTO BY LAUREN WALSH

If you're ready to discover "Camelot," check out RA at The District (2401 Park Ave, Tustin, CA 92782) or in Huntington Beach (155 5th Street, Suite 183, Huntington Beach, CA 92648).

BY LAUREN WALSH
STAFF WRITER

Have you ever tasted candied perfection with a caramel center of joy? Neither have I, but do not give up on the quest for scrumptious sustenance, for I have found the "Camelot" of sushi my friends. RA—no that is not short for Resident Assistant—but rather, the name of a sushi bar and restaurant at the District shopping center. RA will have you studying chopsticks and the art of fish and rice rolls in no time, and for those of you that are not fans of sushi, RA also has soups, salads, and a great variety of tempura and teriyaki dishes.

For those of us that worry about the dollar amount over the taste of food—which let's face it, we're in college so that's all of us—RA has a happy hour, or should I say, happy hours. Monday through Saturday from 3-7 p.m., appetizers, a large selection of sushi and drinks are half-off. When it comes to sushi, happy hour means they typically only have the basic choices, such as the California roll or tuna roll, but RA has put some of their most popular rolls on the menu as well, making eating for less more delicious.

The roll that RA is known for is the "Viva Las Vegas Roll." For the first time sushi-eater, this can be an intimidating but savory challenge. It has Kani Kama Crab and cream cheese rolled up in rice and seaweed. The roll is then lightly battered in tempura—because what isn't better after frying it? Once sliced, the rounds of sushi are topped with a spicy tuna and Kani Kama Crab mix and a sliced

lotus root and finished with an eel sauce and spinach tempura bits. After seeing the presentation of this roll, you understand why they named it after Sin City. It is very colorful, and deviously decadent. RA is smart to put this one on the happy hour menu because this roll alone will have you coming back for more.

If the food doesn't get you hooked, the service will. The hostesses are always friendly, and I don't mean the fake "I'm smiling because it's my job," friendly. They are actually care about you. When I have had to wait to be seated, I have never felt impatient, because the hostesses were right there keeping my friends and I company with conversation—so much so that I was almost bummed that they couldn't come and sit with us. The waiters and waitresses are always attentive to your needs and helpful when you have questions. The last time I went to RA, my waitress pointed out that I picked something that was not on the happy hour menu and suggested something on the menu that was just like it but a lot cheaper. It is the small, considerate things like this that make me fall in love with a restaurant.

One thing to keep in mind about RA, is that it is not the restaurant for a quiet, intimate date. Unless you go at an off hour, RA is a packed place with exuberant music and the chatter of friends enjoying themselves over chopsticks and sushi rolls. It is a lively scene with smiling faces and satisfied bellies with occasional sighing due to underestimating the filling effect of small sushi rolls.

Goo Goo Dolls strike again: This time with "Something for the Rest of Us"

BY ALEX WILSON
STAFF WRITER

Very few bands can capture both the essence of 90's angst and millennial transition like the Goo Goo Dolls. Over 20 years from the release of their first album, the Goo Goo Dolls have done it again. With the release of their newest album, "Something for the Rest of Us" on Aug. 31, listeners have gained the opportunity to recapture the sounds and feels of their previous hit albums. Known for lyrics that hit the heart and rhythms that keep you tuned, the Goo Goo Dolls have created another CD of hits and jams.

The first track on the album entitled "Sweetest Lie" has the same rhythm and listening value as "Stay with You"—a single from their 2006 hit album "Let Love In." After the release of the song and music video, the band only continued to climb the charts and "wow" listeners. The title track, "Something for the Rest of Us," has the same feel as their hit "Sympathy." The song encompasses the same message as "Sympathy" in matters of describing the feeling of someone you may barely know or understand having empathy and grace for you. When listening to the lyrics of any song on this album, take into consideration your own life experiences. You may find a strikingly similar correlation between the words in the music and your own situation.

When listening to the third song on the album, "Home," listeners are taken back to their freshman years of high school or college, and the similar feelings that may have coincided with them at that time. The song describes an artificial feeling that cannot be shaken and a longing to be taken back to the one real thing that can be remembered: home. A song that can remind you of the struggle to find yourself can make you appreciate the pain it took to get



to where you are today.

The Goo Goo Dolls also have participated in many efforts to support the soldiers fighting overseas in the War in Iraq. The last song on the album, "Soldier," describes the motions a soldier might go through coming home from the war. The lyrics paint the portrait of a person displaced and awkward—stuck with the torment of war and the need for purpose. In correlation with war-torn feelings, the song continues to tell the listener to not stop having faith, and to not stop fighting. Those who have followed the Goo Goo Dolls since the beginning, are able to identify the transition from angry, bitter lyrics to ones that are relatable and encouraging.

Now with their name established and respected throughout the music world, the Goo Goo Dolls have been able to once again raise the bar in the alternative rock music scene without losing the edge they have always had and the ability to get right down to the core of their listeners. A must-have for the 2010 fall music arena, "Something for the Rest of Us" won't disappoint.

Parks bring communities together for natural fun

BY CHELSEA CASTILLO
STAFF WRITER

When many people think of their childhood, a certain place comes to mind—the park. However, parks today are filled with many people ranging in age. It is quite common to see elderly couples walking, parents watching their little ones and teens playing sports. Parks have become places that tie our community together.

Orange County is fortunate to have some of the greatest parks in the state, covering nearly sixty thousand acres. Orange County is home to over twenty parks, including regional, wilderness, historic, and coastal parks.

Many of the regional parks, like Oso Viejo, are used for recreational use. "Without the use of the fields at these parks, our kids would have nowhere to practice and play their games," said Walt Fawcett, Director of Saddleback United Soccer Club.

"Without soccer I would probably be getting into trouble," said, Eve Victor, one of the soccer players. "Kids need things to do, and the park gives us a place to play soccer. Besides school, I spend most of my time at the park."

Sports are among the many things going on

at the parks. For example, NASA's Jet Propulsion Laboratory and OC Astronomers will be at the Irvine Regional Park on Sept. 18, for a new series of educational public programs showcasing various missions to Mars.

At many parks, there are monthly, biweekly, and even weekly events that go on. Some of these events include: nature tours, hikes, habitat restoration clubs, campfire programs and even movies in the park. Special events can also be booked at most parks. "Heritage Hill Historical Park in Lake Forest was an amazing place to get married," said Jaime Arroyo. "Here in Orange County we have such nice weather. It was perfect."

Despite the various exciting features of Orange County's parks, many residents don't utilize the opportunities available to them. Parks give people great activities to do for free. People can go for a jog at the Laguna Niguel Regional Park, go camping at Caspers Wilderness Park, see the history at Irvine Ranch Historic Park, or even go to Aliso Beach for a day in the sun.

For more information on the various park events going on in the area, or if you are just trying to find something to do this weekend, visit www.ocparks.com.

"Scott Pilgrim": Movie & Comic & Game— Oh, Michael!

BY MELISSA CHEFFERS
STAFF WRITER

Movies and video games have always had a love-hate relationship. The film industry loves to make movies out of video games which gamers inevitably hate. However, "Scott Pilgrim vs. the World" is different. Now, "Scott Pilgrim" is not based on a video game. Rather, it is based off of a comic book series bearing the same name. Like the comic, Director Edward Wright's ("Shaun of the Dead," "Hot Fuzz") adaptation is created both structurally and aesthetically in the video game tradition that generation Y—or whatever the old people call us these days—grew up with.

Scott Pilgrim (the perpetually awkward Michael Cera) is a twenty-three-year-old bass player in Toronto, dating a 17 year-old Chinese Catholic school girl named Knives Chow. It is ultimately pathetic, but his band-mates, who are also his friends, know that he is still getting over his ex who cheated on him, left him, signed a record deal and kicked his heart's butt. Just as we think there is no hope for Pilgrim after all, a girl with pink hair—wait blue? Or is it green?—named Ramona Flowers (Mary Elizabeth Winstead—"Death Proof,"

"Black Christmas") roller blades into his life. He instantly falls deeply in love and weakly attempts to woo her. He soon finds out, however, that if he is going to date her, he must first defeat her seven evil exes. And, of course, break up with his current girlfriend.

The plot lends itself to a video game-style format with a series of increasingly difficult battles in a quest to win—Flowers' heart, with the help of his band, "Sex Bob-omb," of course. Much of the humor comes from the rapid-fire video game references and the creative uses of graphics, imitating classic video games' attempts to portray the human experience. In addition, each of the battles are presented in the classic, arcade-fighting game format—reminiscent of "Street Fighter" or "Tekken"—with high flying Kung Fu superpowers taken in stride. Most of the remaining humor can be accredited to the film's incredible supporting cast.

Great acting, fantastic humor, a killer soundtrack and kick-ass action sequences—there is nothing about "Scott Pilgrim vs. the World" that is less than incredible.

Currently playing at Edwards Irvine Spectrum 21. Rated PG-13 for stylized violence, sexual content, language and drug references.

