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CONCORDIA

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Nursing program uses technology, stresses caring and compassion



PICTURED ABOVE: Student Olivia Tran practices wound dressing PC: Alexis Rios



PICTURED ABOVE: Student Emily Goyeffe practices tracheostomy suctioning

ALEXIS RIOS STAFF WRITER

A mere 3.2 miles away, Concordia's Park Place campus houses a competitive and advanced nursing program. With multiple courses of study and unique hands on lab experiences the program is in high demand.

Assistant Dean Director of Nursing Dr. Cheryl Smythe-Padgham broke down each path, "We have three programs: an accelerated bachelor's (ABSN)- and that's for people who already have their bachelor's and then come back to get their nursing bachelor's, we have an RN to BSN program- so these are working nurses who already have an associates degree and come back to get their bachelor's degree, and then we have an MSN program or master of science in nursing program- and they can either be a nurse educator or nurse leader," said Padgham.

The ABSN is a popular degree. "It is one of those programs that is in the community very unique and very special and really sought after," said Padgham. The accelerated bachelor's program has over 250 applicants and only 64 available spots. The large pool of applicants makes the selection process very rigorous but rewarding.

"It's a program that I think we're all very proud because of the selection of candidates. They are special people," said Padgham. "We really have great students here, very motivated, excited to learn. They know what they want."

Padgham attributes their strong drive to their experience. The majority of the ABSN students "tend to be a little older because they already have bachelor's. Some of them have worked out in the been in - business, accounting, psychology and then come back. And then there are others that basically finish their bachelor's and then come right back in for their second bachelor's," said Padgham.

Another perk of having with diverse backgrounds is that it gives them a unique perspective. Across the board, Concordia nursing students demonstrate a more caring approach. This aligns perfectly with the program's values, as the curriculum is designed around theorist Dr. Jean Watson's philosophy of caring. "It is a real emphasis in what we do here. It's always talking about how we can be caring.

It is not only the nursing tasks that we do; it is how we make the person feel. How that person that's in that bed feels respected, feels that they're being cared for," said Padgham.

Along with caring these future nurses are also very compassionate. Teaching from a Christian perspective is another unique aspect of the program. The students learn how to be comfortable implementing prayer and are often asked to talk to their patients about their spiritual

Another defining feature of world. Whatever field they've the program is the simulation lab. The simulation lab "is a chance for students to be put into real-life situations with a mannequin and act through what they would do as that nurse, or as that nursing assistant or as that family because some of them will play the family members," said Padgham.

> Cameras inside simulation lab allow students to become more self-sufficient. Assistant professor of nursing/ simulationist Dr. Elizabeth Vega explains the priceless teaching opportunity the sim lab presents. "It allows us as nurse educators to be outside. And for them to gel as a team." By removing the safety net of an instructor in the room,

the students have to learn how to handle high-pressure emergencies on their own.

Although, not too far away ,Vega can be found monitoring and facilitating the operations from a room filled with computers dedicated to the sim operations. During the drills, she becomes the sim operator. Manipulating two computers at once, one for the cameras and the other for control of the mannequins. She also sits alongside clinical faculty near a phone in which they play the role of anything the nurses may need from the pharmacy to lab technician. It mimics another facet of nursing that I never dreamed, imagined, or thought about it. It is high tech," said Vega.

Celebrating 10th its anniversary this year, Concordia's nursing program continues to grow and produce all-around skilled nurses, who care not only for the nursing needs of their patients but also for their overall well being and spiritual needs. Trained with advanced technology and equipped with the skills to handle emergencies, it seems that the future is nothing but bright for these "future" healthcare professionals or

Sarah Herron women's long jump champ

Danielle Walker STAFF WRITER

Sarah Herron, senior, grew up in the Bay Area and came to Concordia to study Exercise Sports Science and Kinesiology, while being able to participate in Track and Field. Concordia is one of the few schools that offered her this opportunity. Herron is currently ranked number two in the nation for long jump. women's Herron said, "Working towards a degree, traveling and competing alongside lifelong friends is pretty hard to beat."

Herron has been competing track and field since she was in third grade. "I have appreciated always the opportunities extracurriculars bring," Herron said, adding, "high school track and field was fun, challenging and full of new experiences, but college track has given me the opportunity to travel to states and places I've never been before."

Competing with Concordia the team opened new opportunities, like being able to participate in indoor track and field.

Being a part of

Continued on pg 5

Concordia introduces new Sports Management Club



PICTURED LEFT: The Sports
Management Club plans to take
club members and alumni to a
Ducks hockey game for a fun,
exciting evening of watching the
game and being able to network
with those who are already in the
sports management field.
PC: puckprose.com

KATIE DEPOL ASCUI SECRETARY

Are you in a sport or have a passion for sports? Are you interested in getting a degree in Sports Management? Have we got a club for you! This past January, a new club was passed through Senate and the ASCUI Board is excited to share it with you!

The Sports Management Club was created by a group of motivated students who are in sports management and desire for students to get involved. They strive to focus on preparing future generations of leaders in sports management. Within their club, they host networking opportunities and service events allowing students to give back to the community while building relationships with those in that major.

A few events hosted by the club include supporting local charities through service, being active in sports events on campus and partnering with local sport businesses to gain experience. The Sports Management Club also plans to host shoe drives, host used equipment donations to be given to those who can't afford their own equipment and help run camps at Concordia for athletes.

The club desires for all students of Concordia to be properly informed about the sports management major so students can make decisions on whether or not it is the right fit for them. One exciting event the club plans

to organize is an Anaheim Ducks Night! They plan to take club members and alumni to a Ducks hockey game for a fun, exciting evening of watching the game and being able to network with those who are already in the sports management field. Last, the Sports Management Club will be hosting SPMT Seminars allowing students to get connected with professionals and gain understanding of what will happen in the future.

If this peaks your interest, email the president here at Mckinsey.thorpe@ eagles.cui.edu and follow the Sports Management Club on Instagram (Cui_sportmgmt) to receive exciting updates and event information. They're excited about the opportunities and the growth to come and you should be too!

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Thanks!

Do you think that you R.A. great fit?

WHITNEY BAY
STAFF WRITER

Concordia prides itself on having leadership teams that serve faithfully to connect and care for the student body. One of these groups just got done submitting applications to be the next generation that keeps the tradition alive; the resident assistant or R.A.

The resident assistants at Concordia aim to create safe spaces for students living on campus. They deal with various duties, such as room checks, roommate conflicts, documentation and violation write-ups and making sure that everyone

feels connected to the people they are living around.

First year resident assistant Zoie Moore said, "my experience being an R.A. has been great! I've loved it this year and I'm really excited to continue. I think being an R.A. is a great way to get to know people and build relationships, as well as be a resource for my residents."

When asked what the most difficult part of her job was, she said, "Obviously the hard part is when it comes to documentation because no one enjoys a situation like that. My experience however has been mainly

positive. Most of our job is focused on the relationship building side of things."

Some of the characteristics that the school is looking for when searching for a good fit for this position include a candidate that is honest, trustworthy, fair, organized, a leader and a person who is strong in their faith.

Moore encouraged more people to join the team. She said, "I love working with the RES staff and the faculty in residence and would recommend a job in RES or any student leadership for someone who likes working with people, planning fun events and working with fun and encouraging leaders on campus."

Director of Assistant Residential Education, Larry Rice, commented on what it is like to be a resident director. He said his favorite part of the job is "mostly the interactions with people the personal interactions. I love the mentoring aspect and the leadership development aspect with the R.A.s, supervising the R.A.s and the teamwork that goes along with that." He also expressed that he looks specifically for people who are "intentional in building relationships - introvert or extrovert and someone with a heart for God."

Being a resident director is a vital part to the success of students that live on campus. Though it poses a few challenges, it is a great way to join a community together and "just relax, have fun, and meet new people," said Moore. If you are interested in becoming an R.A. be sure to keep an eye out for emails come the 2019-2020 school year!

Marty Gras Mixer brings in the fun



PICTURED ABOVE :Owen Duncan, junior, performing a solo in the Concordia Jazz Band.
PC: Caitie Fulton

CAITIE FULTON
STAFF WRITER

Peer Health hosted the Marty Gras Mixer on Tues., Feb. 26 providing time for safety. The title Marty Gras was used as a pun on Marty the Eagle who attended the event. Along with the title, there were fun drinks related to the loved mascot. Some of these drinks included Marty Mai-Tais and Marty Palmers. Other foods at the event included macaroons and the famous Mardi Gras King Cake. Sophomore Johnna Ericarnacion, a member of Peer Health, said, "We made it a Mardi Gras festival while promoting awareness for drinking and driving, pairing fun with safety in driving."

This was not the first time Peer Health hosted Marty Gras. "This year and last year we hosted the event," Ericarnacion said. "Last year it was a mocktail mixer, but we decided to make it one big

event because it was around the same time as Mardi Gras." The evolvement from the past year's celebration to now included more themed items toward Mardi Gras such as beads, masks, and colors. There were also other incentives to learn. Godesulloh Bawa, junior, said, "We have flyers that show restaurants that raise awareness for being responsible when being out with your friends." Something that had carried through from the previous year was the involvement with the Jazz Band who performed throughout the event. The overall focus was on the day of Fat Tuesday, while not forgetting Peer Health's message to be smart on the road.

Peer Health is an organization on campus that focuses on student's health and safety through activities. Senior Jennifer Wood, another member of Peer Health, said, "We do mental health

and stress relief events like emotional support dogs during midterms and finals week." The Marty Gras Mixer gave an opportunity for students to learn more about how to be careful while driving. "There was lots going on in this event," Ericarnacion said. There was a golf cart obstacle course set up, where "students used goggles that showed how it looked to be intoxicated and drive," Ericarnacion said. Both Campus Safety and the Irvine Police Department were involved in teaching students the importance of such topics. There were many opportunities to learn, while also "raising awareness of being responsible when drinking," Bawa said.



PICTURED ABOVE: Campus Safety officers of Concordia University PC: cui.edu/campus-safety

Education to stay safe

The Campus Safety Department has posted an important violent intruder training video on the CUI Campus Safety web page at www.cui.edu/campus/safety/programs. This important training can help you survive an attack from a violent intruder. A 2015 FBI study showed that 24% of violent intruder incidents have occurred at an educational facility and 7.5% occurred at a college or university. Although rare, it is important to have a plan in mind if you are ever faced with such a scenario.

The violent intruder video posted on the Campus Safety website may be disturbing for some due to depictions of gun violence. If you choose not to watch the video, please consider reading the posted RUN-HIDE-FIGHT procedures on the website. Studies have shown that if a crisis situation does occur, having more people with the skills and knowledge to react appropriately can save lives.

If you have any questions or need more information, contact the Campus Safety office in Administration 106.

Men's basketball playoffs

Ty O'Connor Staff Writer

the regular season comes to a close for the men's basketball team, the post season comes to a start. The team has gained a spot in the postseason PacWest tournament with a 18-3 conference record. There is only one game left in conference versus Point Loma Nazarene University, who are currently ranked first in the conference with a 19-2 conference record. Concordia drives down to San Diego on March 2 to take on Point Loma for the last game of the season and a chance to share the conference title with a win.

This last weekend the men's basketball team had to work overtime on Senior Night but their Saturday victory over Chaminade was well worth the wait. In the extra period, Cameron English, redshirt junior from Medford, Oregon, soared into the paint for a huge put back on the offensive glass to give Concordia a brief two-point lead. Then on the defensive end, a chaotic scramble for the ball

wound up resulting in another turnover for the Silverswords and Brian Chambers, redshirt senior from Long Beach, CA, was able to convert a layup.

Kyle Gray, junior from La Verne, CA, stepped up and nailed a three that pushed the Eagles lead to 83-78 and made the crowd go wild out of their seats. After the game Kyle stated, "I knew I had the shot and I knew I had to come up big for my team. Playoff spots were on the line." The list for game leaders, in points, starts off with no other than Brian Chambers with a 29-point game. Chambers played the whole game with 43 minutes recorded. Following right behind him is Kyle Gray with 16 points while in the game for 29 minutes. The next two players that deserve an honorable mention with 12 points each were seniors Geoff Gerlach and Tyler Lacour-Brown.

Chambers also capped off his last three home games averaging 22.0 points, 6 assists, 5 rebounds and 3 steals in a trio of PacWest wins. His well-rounded performances and commitment to defense have helped him earn the title of PacWest Defender of the Week. Remarkably, this is the fourth time Chambers has been recognized for his suffocating defense this season. On the recap after the Chaminade game, Chambers said, "We just wanted to protect our home court." Chambers leads the entire PacWest conference in steals after combining for 11 thefts during their wins over Hawaii Pacific, Fresno Pacific and Chaminade.

The Eagles clinched a first-round bye in the upcoming PacWest conference tournament with a climactic 91-83 overtime victory over the Silverswords. In the process, the Eagles also earned a chance at tying Point Loma for the regular season conference title with their second showdown coming up in less than a week. Come support your Concordia

Eagles on their fight to tie for first place in PacWest Conference on March 2. Check out live updates at cuieagles.com.

PICTURED BELOW: Brian Chambers dribbles the ball during win over Fresno Pacific. PC: cuieagles.com.



Eagles swim sees a win like never before



PICTURED ABOVE : Eagles celebrate after claiming conference title.

PC: cuieagles.com

Seniors make their final splash

MITCHELL IUNKER STAFF WRITER

The Eagles women's water polo season has arrived. The Eagles started their season 4-2 and are currently undefeated, 2-0, on their home turf. The Eagles have a well balanced team with a total of five freshman, two sophomores, eight juniors and seven seniors. These seniors include Siena Goggia, Ariana Olmos, Emily Lawless, Katharine Leese, Sierra Venegas, Corbin Bricks and Madi Sturgis. These women are destined and determined for greatness this

Water polo is a rare and uncommon sport in the United States. Most people grow up playing sports like soccer, softball, volleyball; however, senior goalie, Siena Goggia, from Santa Barbara, California, grew up playing water polo in her free time. Goggia came to Concordia her freshman year with aspirations to get her degree in graphic design while minoring in marketing as well as play on the Eagles water polo team. Goggia quickly fell in love with the school and her tight knit water polo clique and didn't seem to let the pressure overwhelm her. On top of that, Goggia decided to try out for the volleyball team her freshman year, further making new friends that would last all four years at

Concordia. Goggia said "I love being a senior, but sometimes I feel like the time has gone by way too quick." She remains "focused and dedicated" this year as she sets her sights on playing and ultimately beating Santa Clara in conference this

Senior attacker, Corbin Bricks from Clovis, California, said she full of "mixed emotions" as she is excited to move on, but is sad to leave this "chapter of [her] life behind." One thing Bricks will not miss is waking up at the crack of dawn for 6 a.m. practice every morning. Bricks is currently majoring in Liberal Studies and has learned to balance her time here as Concordia as she juggles school, water polo, work and a social life. "As a student athlete you really have a lot on your plate and it is often very difficult to do anything outside of school and sports; however, it's really important to find something that you truly enjoy and are passionate about," said Bricks. As the senior approaches her final season, Bricks is excited for what's to come as she looks forward on "improving" and "growing" overall as a team.

Jennifer Wood Staff Writer

On Tues., Feb. 12, the swim team left campus and geared up for a long weekend of competition. The Pacific Collegiate Swim Conference took place from Wed., Feb. 13 through Sat., Feb. 16 at Splash! La Mirada. Although this pool is home to Biola University, the Eagles did not let that scare them.

Both the men's and women's team loaded up the bus and headed for a weekend to remember. They left the pool with a first-place win for the men's team for the first time in Concordia history. It was an extremely close win, coming down to only a few events to finish with the final scores of 1410 for Fresno Pacific University, 1459 points for University of California Santa Cruz and 1474 for Concordia.

The Concordia men started off strong by placing third in the 200-yard medley relay and took home first in the 800-yard free relay. This winning relay consisted of sophomore Kobe Gall, junior Austin Barton, sophomore Taylor Steffen and freshman Kyle Benjamin.

With such a young relay team winning, the future for the Eagles looks bright.

Relay anchor Benjamin is a leading reason for the Eagles ultimate win, scoring a total of 96 points for the team. As a distance swimmer, he specializes in 500-yard free, 400-yard individual medley and the mile. When asked about all of his individual events he said, "the 400 I.M. is definitely my favorite event. It is fun to do all of the strokes. The race is essentially four parts, switching every 100-yards to a different stroke," When asked which stroke was his favorite Benjamin said, "Breaststroke is my favorite part of the race because backstroke is my downfall. I get to come back from behind and that's always really fun for me."

After a semester studying abroad, junior Maverick Donohue came back to high energy and a team ready to do big things. He said, "coming back from Ireland after such a long break and jumping right into training was crazy. The new freshmen are all fast and that, combined with seeing all my friends again, was really encouraging." Only training

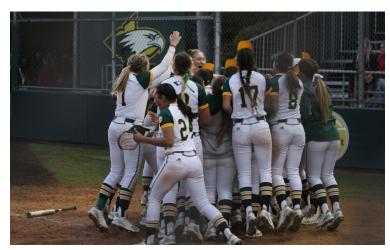
for a month before conference Donohue said, "being gone was a great mental break from swimming and I came back refreshed and focused on conference." This focus allowed Donohue to have the best season of his life. He said, "The team's positive mentality had a lot to do with my and our success."

Captain Max Wickens said, "It was an awesome experience to get the win with the team. We all worked together to achieve it and couldn't have done it without everyone. The best part for me were the relays when the whole team was up and cheering loud for our swimmers."

Standing behind the men's team supporting them the whole way through was the women's team. Sophomore Marley Hickson said, "It was so cool to see the boys win and to be there for them. I had so much fun celebrating with them." Senior captain Dominique Yoder added by saying, "It was such a fun way to end my swimming career. The women did well and we were all so proud of our boys."

Overall, the weekend was a success for the Eagles. Men's swimming made history and look forward to next season and what it has in store for them. With such a young team, things look positive. After a long season that began in August, this type of excitement made all the long hours and cold 5 a.m. mornings worth it.

Eagle softball open up PacWest play 4-0



PICTURED ABOVE: Eagles celebrate 4-3 win over Biola University after walk off homerun by freshman Megan Massa. PC: Madison Graham.

SARAH KRETSCHMAR CAMPUS EDITOR

The Eagles had a great past week finishing 7-0 and starting PacWest play 4-0. Softball continues to move up in the rankings and currently sit at #5 in the NFCA DII Coaches Poll. The Eagles swept Adelphi in

a three game series on Tues. Feb 19 and Wed. Feb 20. They swept Biola University on Fri., Feb. 22 by scores of 3-0 and 5-4 after a walk off homerun by Megan Massa in the bottom of the seventh inning.

Massa is a freshman outfielder from Fairfield, California. Massa had an

against Biola where she finished 4-4 at the plate. When asked about her game winning homerun, Massa said, "At first I thought it was just a fly ball and I was actually kind of sad but then it kept going and I was super excited because I didn't expect that from myself so early in the season."

The excitement and noise from the Eagles celebration was truly something special. "There are not enough words to describe the team. The energy and pure joy that everyone has is unreal. It's honestly the best team I've ever been on," said Massa.

The Eagles swept Azusa Pacific University in their first away match ups of conference play. They won the first game by a score of 13-0 after putting up an

impressive second game impressive 11 runs in just the first inning. The Eagles went on to win the second game by a score of 5-0. Massa racked up two RBI's in their second Junior McKinsey Thorpe had an RBI single and Michelle Lieng and Erika Morris were credited with one RBI. Sophomore Sydni Dix hit her first homerun of the season to secure the 5-0 win. Sophomore, Callie Nunes also pitched another shut out.

> Nunes, from Modesto, California is a sophomore Communications Nunes has truly been the talk of the town after throwing two consecutive no hitters. She threw a no hitter in their win against Concordia Portland on Feb. 16 and again in their win against Adelphi on Feb. 19. Nunes was once again named

PacWest pitcher of the week after earning 43 strikeouts and three complete game

Nunes said "The past seven games were amazing. We won but we also got to see aspects of our team come alive. Our defense was near perfect and our offense was stellar. Back to back no hitters was an experience to say the least but it could not have happened if the rest of the team did not do as well as they did."

The Eagles will go on a week long road trip in Northern California starting on Tues. March 5 against Cal State East Bay. Check out live updates for your Eagles on cuieagles.com.

Baseball earn big wins over Point Loma and CSUDH

SARAH KRETSCHMAR CAMPUS EDITOR

Over the past two weeks, baseball team gone 2-3 and picked up wins against the Cal State Dominguez Hills Toros and the Point Loma Nazarene University Sea Lions.

In their non-conference matchup against Point Loma, redshirt junior Jack Ruegge earned the win on the mound. Junior Brett Vansant pitched 6.2 innings giving up only three earned runs. Redshirt sophomore, Carpenter Pagett, also came in to earn the save for the Eagles. Jair Donovan racked up three RBI's in the win and Junior Chris Martin added

two RBI's. Both Donovan and redshirt junior Alex Dimascio went hard against the Sea Lions.

The Eagles earned their win against Cal State Dominguez Hills on Tues. Feb. 26 by a score of 4-3.

Junior Shane Hersh reached base on a walk in the bottom of the tenth. The Eagles won on a walk off single by senior Nick Grimes.

Grimes is a Business Marketing major from Laguna Niguel, California. He plays third base and other positions in the infield. Grimes said, "We as a team came into today's game mentally and physically prepared. It felt good to be able to give the team the hit when we needed it but if It

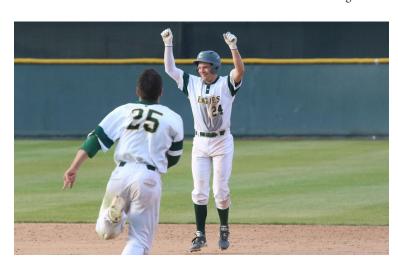
was not for my teammates, the opportunity wouldn't have presented itself. It was a huge team win."

Donovan is a redshirt sophomore from Chino Hills, California and studies Kinesiology. In the first inning, Donovan homered to right field and had the game tying RBI in the seventh inning to score senior Matt Lautz. Donovan said, "I felt really comfortable at the plate today and was very patient when it came to getting my pitch and not missing it." Donovan continued about the win and said, "We all felt close together as a unit and excited and proud because we were finally able to pull out a win in the last inning instead of losing by one run. It was a great team win for us today."

The Eagles take on Azusa Pacific University today in an away game at 5 p.m. The boys will be back in town

tomorrow at 11 a.m. and 1 p.m. against APU for their final match ups of nonconference play.

PICTURED ABOVE: Nick Grimes and Shane Hersh celebrate after 4-3 win over CSUDH. PC: cuieagles.com.



Sarah Herron women's long jump champ

Continued from pg. 1



PICTURED: Sarah Herron' of Concordia track and field. PC: cuieagles.com.

Concordia's first postseason for the track and field team last year brought a new fire for the team this year. Herron evaluated her position and recognized four opportunities to qualify for indoor and outdoor nationals. After finishing 11th (indoor) and 14th (outdoor) at nationals last year Herron said she was proud of herself, but not satisfied."

This season, all the hard work that Herron and her coach, Joslyn Drew, have been putting into her long jumps from the past four years is "showing and in big way," Herron said. Being ranked second in the nation has been a big motivator to work harder for Herron. "It feels great!" said Herron, and "[it] has taken four years of consistent, intensive hard work for this result."

Herron understands the level of effort it takes to get big results adding, "Coach Drew and I aren't done yet." Herron's goals for the rest of the season are to "show

up and show out at indoor outdoor nationals, qualify for my sprinting and jumping events for PacWest Conference Championships and win conference championships."

Herron sustained a minor hamstring injury at the GVSU Big Meet, during her fifth long jump event of the day. Her recovery is on track and she plans on competing at indoor nationals. "The last time I was on the long jump runway I jumped the best series of jumps in my

life. I'm excited to heal up and get back to work with my teammates," Herron said.

Herron will compete in indoor nationals come March 8 so check out cuieagles.com for updates on all things track and field!

Apple dials up new phone releases





PICTURED ABOVE : Side-by-side comparison between the iPhone XS and iPhone XR. PC: Google

Brooke Jackson Staff Writer

Apple's iPhone XS was released in September 2018 and the iPhone XR in October 2018. Now for a limited time the XR is available starting at \$449 and the XS starting at \$699 when you trade in your old iPhone.

"I upgrade about every three years and have never thought about switching to a different type of phone other than the iPhone." said junior Amanda Gjertson, who has the iPhone XS. She explained the only thing she consider inconvenient is the cost, "they tend to be a bit pricey but you do get a lot for the amount you spend."

Compared to the iPhone X, these phones also have an all-screen design and uses facial recognition for secure authentication. They also are both dust and water

resistant, with the ability to reach 1 meter in depth for the XR and 2 meters for the XS, for up to 30 minutes.

The iPhone X phones all include the ability to use wireless charging thanks to the glass backing of the phone. Sophomore Myka Hughes who was considering getting one of the new phones said, "I love that Apple adapted a new way of charging phones cause my cords always tend

to break or stop working after a couple months."

Some new innovations for the XR include a more durable front glass using liquid retina imaging and six new color finishes of white, black, blue, yellow, coral, and (PRODUCT)RedTM. Hughes added, "If I did get the iPhone XR I would get the (PRODUCT)RedTM; red is my favorite color."

The XS uses super retina imaging that allows for an even larger front display with the most accurate color provided overall throughout all iPhones. The finishes of this phone are made of surgical-grade stainless steel coming in silver, space gray, and gold.

In regards to the camera qualities, they have portrait mode with an option called depth control. When taking a photo, it allows the user to change the amount of blur that is placed on the background. Gjertson's favorite part about the XS is its camera, "The quality of the photos is much nicer and looks really nice, as if a professional photographer took the picture."

The XR uses an A11 chip and the XS uses an A12 chip that allows for faster sensors to be able to create a moment that seemed frozen in time when shooting action shots. Hughes keeps this in mind when deciding between iPhones, "Since I play a sport, getting a good action shot is normally hard to do unless I have a real camera."

One of the most notable differences, however, is the storage capabilities of the XS. This phone is able to contain up to 512GB of storage, which is double the capacity that iPhones have previously held. Hughes said she always struggled with staying within the storage capacity and said, "These new components of the new iPhone's make me interested in purchasing one."

For more information go to www.apple.com/iphone.

California weather confusion

PETER LOPEZ BOLANOS STAFF WRITER

From Dec. 2011 to March 2017, the state of California was experiencing one of the worst droughts in recorded history. During these years, California also experienced record high temperatures. The combination of dried tall grass and high temperatures sparked many wildfires in the California valleys and mountains. Due to the lack of water, these wildfires would sometimes go on for weeks. Many rivers began to dry out endangering different species of fish and killed an estimated 102 million trees according to the U.S. Forest Services.

When it seemed that California might become the newest desert in the American Southwest the rainy season of 2017 arrived. Between the months of December through March 2017 a perfect weather pattern was formed that allowed many storms to hit major regions in California, ending the drought.

It is now Feb. 2019 and the drought seems all but a

distant memory for California residents. That's because in the past four months The Los Angeles Almanac recorded 10.2 inches of rainfall, with 5.9 inches coming from January alone. It also revealed that February is already at 3.43 inches of rainfall within it's first 20 days. And on Feb. 21, something remarkable happened; it began to snow in southern California. Cities like Pasadena, North Hollywood, and Malibu saw snow for the first time in years. According to a article published by Los Angeles Times on Feb. 21, forecasters predict six inches of snow to fall in some valleys of Southern California.

Luckily for California residents, other records from the LA Almanac state that the coldest temperature have already passed. The rainfall expected in March will mark the end of the rainy season in California. Now with summer coming along the way, many forecasters are predicting temperatures to reach record highs.

Americans arrested in Haiti

CHRISTIAN McGrath
Staff Writer

Five Americans have been arrested and taken into custody in Haiti. Haiti Foreign Minister Bocchit Edmond confirmed Monday that five Americans and three other people have been arrested, along with two foreign nationals and one Haitian, according to CNN. The identities of the people taken into custody were not available.

The country's capital, Port-au-Prince, has been besieged by protests since Feb 7. These protests are fighting government corruption, living costs, and 15% inflation over the past two year. In an interview with CNN, Gédéon said the individuals arrested were in possession of automatic weapons and satellite phones. Gédéon said the people were taken into custody Sunday night.

"It seems like the

Americans who got arrested were trying to help the Haiti community. Clearly, the government has not done their job correctly," said Christian Anderson, a sophomore who was asked how he felt about Americans in a foreign jail.

The U.S. State Department confirmed the arrests by the Haitian National Police of "a group of individuals, including some US citizens."

"When U.S. citizens are arrested overseas, we seek Consular Access as soon as possible and provide appropriate Consular assistance as provided by the Vienna Convention on Consular Relations," said the U.S State Department in a statement.

On Thursday the State Department issued a Level 4 "Do not travel" travel advisory for Haiti, stating "crime and civil unrest" and "widespread,

violent, and unpredictable demonstrations in Portau-Prince and elsewhere in Haiti."

The State Department urged Americans in Haiti to "avoid demonstrations and any large gatherings of people," according to travel. state.gov. a government website that provides travel updates and warnings.

Primary reporting for this story is attributed to CNN reporters in Haiti and Atlanta.

The top five funniest moments of the 2019 Academy Awards

Breann Alvarado Staff Writer

It is that time of year again, it is the 91st Annual Academy Awards where the Academy of Motion Picture Arts and Sciences honors the best films of 2018. Broadcasted live on ABC from the Dolby Theatre in Hollywood on Feb. 24, The Academy Awards, or as it is commonly known as, The Oscars, went without a host in for the first time in 30 years and it surprisingly went well.

Here is the top five funniest moments of the Academy Awards:

Rayka Zehtabchi's • acceptance speech. Period.

Rayka Zehtabchi won "Best Documentary Short" for "Period. End of Sentence." The film is about an Indian women who fights the stigma surrounding menstruation and begins manufacturing sanitary pads. During Zehtabchi's acceptance speech she said, "I can't believe a film about menstruation just won an Oscar!"

2 Mary Poppins makes a return,



PICTURED ABOVE : Tina Fey, Maya Rudolph and Amy Poehler presenting at the Oscars PC: Google

Keegan Michael-Key style.

Keegan Michael-Key dropped in from the ceiling of Dolby Theatre via umbrella. Once he landed safely, Michael-Key struggled to close the umbrella, making fun of Donald Trump when he couldn't close his umbrella before he boarded his plane.

3. Melissa McCarthy, Brian Tyree Henry and the costumes.

Costume designing isn't an easy task. The costumes have to be just right; not too distracting from the movie

itself but appropriately fitting the scene. Melissa Brian McCarthy and Tyree Henry took it upon themselves to mash up all of the nominees costumes into one. McCarthy even had a hand puppet which made it difficult to open the envelope. Rachel Rodgers, sophomore, said, "I can't believe she kept that hand puppet on the entire time, I thought she would at least take it off to read the winner."

The should've, would've, could've hosts

Tina Fey, Maya Rudolph and Amy Poehler presented the nominees for the first award of the night, "Best Supporting Actress." Maya Rudolph started off the ceremony with a joke that almost everyone could laugh to: "There is no host tonight, there won't be a popular movie category and Mexico is NOT paying for the wall." The three stars continued with jokes the entire time they were presenting.

Rami Malek ended the night with a bang.

Rami Malek, Bohemian Rhapsody actor, fell off the stage right after accepting his award for "Best Actor." Monica Cortez, freshman, said, "The video of him falling was the funniest thing ever, I am just glad he is not hurt so I don't feel bad for laughing." Although Malek showed no visible injury, the paramedics were called immediately. I guess you can say Malek handed that like a Queen.

Review: "Conversations with a Killer: The Ted Bundy Tapes"

Emma Mocharnuk Staff Writer

The series features audio and video recordings of the infamous serial killer Ted Bundy. Bundy's voice is heard on tape while images explain insights to the crimes. Additionally, viewers are given an inside look at the trial where Bunday stood accused of double-murder.

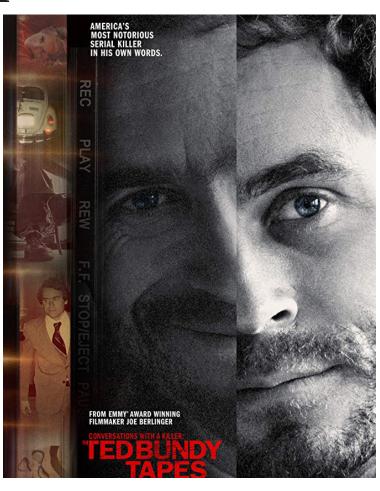
"I didn't know that much about Ted Bundy before I watched the Ted Bundy tapes. It was so interesting to see how people thought he was so handsome and charming, he just seemed like a narcissist to me," said junior Liz Balsanti. She added, "It's fascinating that all of these recordings actually exist and can serve as a testament to how absolutely insane Bundy was."

For those familiar with Ted Bundy, the series provides viewers the insider scoop on the crimes. "The episodes were fascinating and were a good way to learn what really happened with each crime," said junior Cristian Nunez, adding "Hearing Bundy analyze his own life as well as the motives for his killings was really interesting."

I thought the series was very well done. The content provided viewers with an interesting look into the life and crimes of one of the most infamous serial killers, while utilizing never-before heard tapes from Ted Bundy. This allowed viewers something that typical crime shows do not provide; an account from the killer on his reasoning for committing such gruesome crimes.

Watching the series made me feel as if I had a personal invitation into the dark and twisted mystery that is the mind of Ted Bundy. I would recommend this series for crime fans like myself or anyone looking for a good binge. "Conversations with a Killer: The Ted Bundy Tapes" is streaming now on Netflix.

PICTURED RIGHT: "Conversations with a Killer: The Ted Bundy Tapes"
PC: Netflix



"Black Panther" wins three Oscars



PICTURED BELOW: "Black Panther" sees big Oscar buzz;
PC: Google

GIOVANNI BRITO STAFF WRITER

Marvel's "Black Panther" was nominated in seven different categories at the 91st Academy Awards that took place this past Sun, Feb. 24. Arguably it's biggest nomination came in the category for Best Picture as it became the first superherothemed movie to do so.

Though, "Black Panther" lost Best Picture to "The Green Book," history was still made. "Black Panther" took

the Oscar for Best Original Music Score, Best Costume Design, and Best Production Design. The wins are a first for Marvel Studios in the respective categories.

Throughout the various acceptance speeches made, each made high praise for director Ryan Coogler for his passion and great support in all aspects of the film.

Costume Designer Ruth Carter shared her enthusiasm by saying, "It's been my life's honor to create costumes." Carter stated, "Thank you to the Academy. Thank you for honoring African royalty and the empowered way women can look and lead on screen." Carter is the first African-American women to win on the category for Best Costume Design.

Fellow winner Hannah Beachler made some history on her own, becoming the African-American women to be nominated in the category for Best Production Design. "I am stronger because of Marvel, who gave me the opportunity to do my best, who supported the vision of this film and lifted us up every day," Beachler said upon receiving the award.

Amongst the "Black winners Panther" was Composer Ludwig Goransson, Writer/Director Ryan Coogler's college roomate. Ludwig kept his speech short and simple thanking his friend for the opportunity. "Ryan, Ryan, working with you has been an incredible honor," Goransson said. "I remember 12 years ago, we were sitting in our dorm at USC and we were writing the score for your first short film, and we're here 12 years later." A nice personal touch by Goransson.

"Black Panther" was already a highly recognized film before the Oscars, but now it has some much-deserved gold to go along with it. History was truly made and all the credit has to go to the incredible and talented individuals who made "Black Panther" a success.

Finding the slam on Youtube

Eva Reyes Arts & Reviews Editor

While literary poetry has its home in books, slam poetry has made its way to Youtube. First opening channels in 2013 "Write About Now" and "Slamfind" are bringing poetry out of the lounge and onto your screen.

Slam poetry is a particularly unique type of literary vehicle. The writings typically focus on the writer/performer's past experiences. These enthusiastic performances are emotionally charged and stand out from traditional poetry for its ability to present personal and social issues.

Along with emotionally fueled topics, slam poetry is distinctive for its competitive qualities. Poets are given three minutes to compete head to head with a group of poets. Democratic in nature, audience members vote for the poems that rank amongst the best of the bunch.

While slam poetry is often thought to be found in cafe's and late night readings, the Youtube channels function to bring the art form straight to



PICTURED BELOW: "Write About Now" brings slam poets to your Youtube screen PC: Google.

your screen. "Even though a lot of people today don't read, we do watch Youtube a lot," said senior Robert Como. He added, "Poetry being on online videos makes it more accessible to this generation."

"Write about Now" and "Slamfind" are prime examples of the two types of poetry channels that can be found on the video platform.

"Write about Now" is a Houston based spoken word poetry slam which publishes videos from their open mic each week; bringing the slam stage straight to the viewers. "Slamfind" is more of a slam poetry discovery channel. Whereas "Write About Now" showcases Houston artists almost exclusively, "Slamfind" connects users to poetry from different venues from individuals poets all over the world.

Poem topics vary greatly. One poet may offer the audience a love poem while another uses the platform to discuss gender or race issues. "People are taking more risks with what they choose to speak about and performative choices alike," said local poet and Communication Studies Professor, Yaw Kyeremateng.

Often when people think slam poetry, they imagine an aggressive poet, perhaps overly loud, physical, or even confrontational. However, "Slamfind" and "Write About Now" shows audiences that the stereotypical image of a poet is simply a myth.

Rather, poets use rhythm, movement, and vocal techniques to get their message across effectively. "I think there's something to be said about the type of imagery a slam poet can create by just incorporating movement to display images," said Como, adding "You can't always

read cadence, so seeing poets change their vocal delivery is something dope to really experience."

In some ways poetry on Youtube can be seen as movement which combines spoken word and performance to convey unique ideas. It is driven by the poet's artistry and personal experiences. "The creativity poets possess-to express themselves in ways that are unique to their identities and cultures is what draws me to love this art," said Kyeremateng.

"Slam Poetry moves the audience with the performer" added senior Acacia Ingram. Noting, "since it's conception poetry has been used to help share the human experience through the tone of the author."

Poetry as an art form is evolving and so are the platforms in which they are presented. Though many of us don't get much reading done outside of our textbooks, slam poetry channels on Youtube offers viewers a chance to view performances of an author's poetic works. Find "Slamfind" and "Write About Now" on their respective Youtube channels.