

# STARR INTERVIEW METHOD

Telling Your Story  
with Confidence

When answering interview questions, utilize the STARR method:

- **Situation**: What is the context and background?
- **Task**: What was the ask or the assignment in question?
- **Action**: How did you respond to the situation?
- **Result**: What happened because of your actions?
- **Reflection**: Why does it apply to the role you're applying for?

## Example Answer:

Describe a situation where you had to demonstrate strong teamwork skills.

Last year, I worked on a group project for a mechanical engineering design course. Our task was to develop a small-scale wind turbine prototype that could efficiently generate power. The team consisted of five members, each assigned to specific roles like design, simulation, fabrication, and testing. Early in the project, we realized there were gaps in communication, which caused delays and misalignment between the design and fabrication phases.

As one of the team members responsible for the design phase, I realized that better teamwork and coordination were essential for us to meet our project deadlines and deliver a cohesive prototype.

I suggested we set up weekly progress meetings where each member could share updates and discuss challenges. I also created a shared document where we tracked tasks, deadlines, and dependencies, ensuring everyone stayed on the same page. To further enhance collaboration, I volunteered to help the fabrication team understand design specifications, so they could align their processes with the intended prototype.

The improved communication and task tracking allowed us to address issues early and streamline our work. We completed the prototype on time and received top marks for our project.

This experience taught me the value of proactive communication and teamwork, which I am eager to bring to an internship setting.

