## timely care

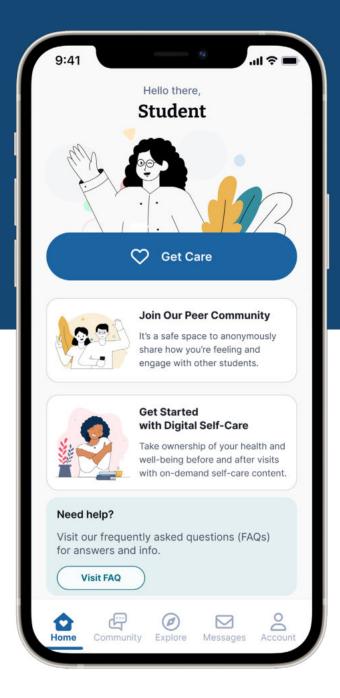
## Scheduled Counseling From Anywhere

Meet with a licensed counselor to discuss concerns, including stress, anxiety, relationships, and depression.

## How to schedule a virtual appointment:

- 1. Select the provider that you want.
- 2. Choose the day and time that works for your schedule.

Appointment times are available within seven days, on average. 12 visits per year.



## It's for Students. FOR FREE.





Get support now! Download the TimelyCare app or visit **timelycare.com/cui** to learn more.