

#### 2018-2019 CATALOG UNDERGRADUATE, GRADUATE, CERTIFICATE

#### **Concordia University Irvine**

**ADDEMDUM** 

(July 17, 2018)

# CERTIFICATE PROGRAMS FROM THE TOWNSEND INSTITUTE

The Townsend Institute at Concordia University Irvine invites you to study directly with Dr. John Townsend and Townsend Institute Fellows who have decades of experience, and know how to bring healing, hope, and restoration through intentional and engaging coursework. The Townsend Institute has earned a reputation for its relational approach to begin with character growth as a building block for positive change. The Institute offers an Executive Coaching and Consultation Certificate, an Organizational Leadership Certificate and a Counseling Certificate.

Through the Organizational Leadership Certificate program you will:

- · Grow your leadership toolbox.
- Extend your effectiveness in your Competence increasing your skills, strengths and expertise
- Improve your effectiveness through your Character those internal abilities that drive your level of competence.
- Gain highly marketable skills that businesses are seeking in employees.

Through the Counseling Certificate program you will:

- Understand how treatment goes beyond symptom removal to reshaping the individual, couple, or family, in profound and lasting ways that are transformative.
- Access the transforming power of relationship, emotions and cognitions by creating experiences that build new character structure
- Discover the therapeutic skills that "crack the code" for growth and healing in clients.
- Gain diagnostic skills to determine which therapeutic approach will be most effective based on a person's internal character structure.
- Apply the latest neurological research on the healing process through a biblical lens.
- Master treatment modalities such as depth psychology, family systems, cognitive behavioral therapy, attachment therapy, psychopharmacology, and positive psychology.

Professional Executive Coaching and Consultation Certificate (p. 1) Advanced Executive Coaching and Consultation Certificate (p. 1) Professional Organizational Leadership Certificate (p. 1) Advanced Organizational Leadership Certificate (p. 2) Professional Counseling Certificate (p. 2) Advanced Counseling Certificate (p. 2)

## Professional Executive Coaching and Consultation Certificate

Not available to students who have completed the Master of Arts in Executive Coaching and Consultation.

NOTE: On July 17, 2018 changes were made to the published certificate requirements.

EXCC 600	Personal Development Skills	3
	Process Group	
or EXCC 600B	Personal Development Skills Process Group (	B)
EXCC 612	Executive Coaching and Character Development	3

EXCC 613	Developing the Executive Coaching Relationship	3
EXCC 617	Advanced Consultation Skills	3
Total Units		12

### Advanced Executive Coaching and Consultation Certificate

Not available to students who have completed the Master of Arts in Executive Coaching and Consultation.

NOTE: On July 17, 2018 changes were made to the published certificate requirements.

EXCC 600	Personal Development Skills		3
or EXCC 600B	Process Group Personal Development Skills Proces	s Group (	(B)
EXCC 612	Executive Coaching and Character Development		3
EXCC 613	Developing the Executive Coaching Relationship		3
EXCC 614	Advanced Executive Coaching		3
EXCC 617	Advanced Consultation Skills		3
Choose 1 of the following	g courses:		3
ORGL 605	Team Building, Conflict Management and Managing Difficult People	3	
ORGL 606	Leadership and Transformation	3	
ORGL 610	Leadership and Organizational Assessment	3	
ORGL 611	Systems and Project Management	3	
EXCC 615	Creative Strategy Building	3	
Total Units			18

## Master of Arts in Coaching and Athletics Administration (MCAA)

#### **Core Requirements**

MCAA 510	Principles of Coaching and Leadership	4
MCAA 530	Ethics And Sport	4
MCAA 550	Research Methods and Analysis	4
MCAA 580	Legal Aspect of Sport	4
MCAA 595	Culminating Project	4
Electives *		

ľ	VICAA 595	Culminating Project		
E	Electives *			
(	Choose 4 of the following	g courses:		16
	MCAA 520	Psychology of Coaching	4	
	MCAA 532	Faith-Based Coaching	4	
	MCAA 540	Sport Technologies	4	
	or MCAA 541	Advanced Sport Technologies		
	MCAA 560	Leadership and Administration	4	
	or MCAA 563	Intercollegiate Athletics in America		
	MCAA 561	Athletic Finance	4	
	MCAA 562	Facility Planning and Event Management	4	
	MCAA 564	Applied Exercise Sciences and Strategies for Coaching Cheerleading	4	
	MCAA 567	Applied Exercise Sciences and Strategies for Coaching Track and Field	4	
	MCAA 568	Applied Exercise Sciences and Strategies for Coaching Soccer	4	
	MCAA 569	Applied Exercise Sciences and Strategies for Coaching Lacrosse	4	
	MCAA 570	Sport Medicine and Performance	4	
	MCAA 571	Applied Exercise Sciences and Strategies for Coaching Golf	4	
	MCAA 572	Applied Exercise Sciences and Strategies for Coaching Cross Country	4	
	MCAA 573	Applied Exercise Sciences and Strategies for Coaching Basketball	4	
	MCAA 574	Applied Exercise Sciences and Strategies for Coaching Football	4	
	MCAA 575	Applied Exercise Sciences and Strategies for Coaching Softball	4	
	MCAA 576	Applied Exercise Sciences and Strategies for Coaching Volleyball	4	
	MCAA 577	Applied Exercise Sciences and Strategies for Coaching Baseball	4	
	MCAA 578	Applied Exercise Sciences and Strategies for Coaching Water Polo	4	
	MCAA 579	Applied Exercise Sciences and Strategies for Coaching Wrestling	4	
	MCAA 582	Women in Sport	4	
	MCAA 585	Strength, Speed and Conditioning	4	
	MCAA 586	Advanced Strength, Speed and Conditioning	4	

Total Units	· · · · · · · · · · · · · · · · · · ·		36
MCAA 592	MCAA: Internship	4	
MCAA 591	Athletic Director Institute	4	
MCAA 590	Coaching Academy	4	

A maximum of 2 sport-specific courses may be taken as electives.

Most sport-specific courses are offered during the summer term.

#### **Master of Arts in Counseling**

NOTE: On July 17, 2018 changes were made to the published degree requirements.

COUN 600	Personal Development Skills Process Group	3
or COUN 600B	Personal Development Skills Proces	s Group (B)
COUN 601	Human Growth and Development *	3
COUN 602	Theories of Counseling *	3
COUN 603	Clinical Psychopathology and Diagnosis *	3
COUN 604	Theory and Practice of Groups *	3
COUN 605	Legal, Ethical and Professional Issues *	3
COUN 606	Foundations and Contextual Dimensions of Mental Health Counseling	3
COUN 607	Social and Cultural Foundations *	3
COUN 609	Theory and Practice of Assessment *	3
COUN 610	Advanced Skills of Mental Health Counseling *	3
COUN 611	Foundations of Crisis and Trauma Counseling *	3
COUN 612	Career and Lifestyle Development *	3
COUN 613	Foundations of Addiction Counseling *	3
COUN 614	Methods and Practice of Research and Evaluation *	3
COUN 633	Counseling Skills and Techniques	3
COUN 640A	Supervised Practicum A	0
COUN 640B	Supervised Practicum B	3
COUN 641A	Supervised Internship IA	0
COUN 641B	Supervised Internship IB	3
or COUN 629	Internship Completion	
COUN 642A	Supervised Internship IIA	0
COUN 642B	Supervised Internship IIB	3
or COUN 629	Internship Completion	
Choose 2 of the following	courses:	6
COUN 608	Models and Application of Integration	3
COUN 621	Psychopharmacology *	3
COUN 622	Foundations of Spiritual Formation and Direction	3
COUN 623	Foundations of Marriage and Family Therapy	3

COUN 624	Level I Clinical Training: Gottman Method Couples Therapy	3	
COUN 625	Level II Clinical Training: Gottman Method Couples Therapy	3	
COUN 626	Foundations of Play Therapy	3	
COUN 627	Human Sexuality	3	
COUN 630	Independent Study in Counseling	3	
Any ORGL course, EX	CC 612, EXCC 613, EXCC 614	3	
Any ORGL course, EX	CC 612, EXCC 613, EXCC 614	3	
Total Units			60

<sup>\*</sup> These 13 courses must be completed as a part of California LPCC

## Master of Arts in Executive Coaching and Consultation

NOTE: On July 17, 2018 changes were made to the published degree requirements.

EXCC 600	Personal Development Skills Process Group	3
or EXCC 600B	Personal Development Skills Proces	s Group (B)
EXCC 602	Building Healthy Culture and Performance	3
EXCC 604	Leading Change and Motivation	3
EXCC 612	Executive Coaching and Character Development	3
EXCC 613	Developing the Executive Coaching Relationship	3
EXCC 614	Advanced Executive Coaching	3
EXCC 615	Creative Strategy Building	3
EXCC 616	Presentation and Training Skills	1
EXCC 617	Advanced Consultation Skills	3
EXCC 618	Internship: Executive Coaching and Consultation I	1
EXCC 619	Internship: Executive Coaching and Consultation II	1
EXCC 620	Executive Coaching and Consultation Capstone	3
Choose 1 of the following	g courses:	3
EXCC 607	Group Coaching	3
EXCC 609	Advanced Theories in Organizational Design and Development	3
ORGL 605	Team Building, Conflict Management and Managing Difficult People	3
ORGL 606	Leadership and Transformation	3
ORGL 610	Leadership and Organizational Assessment	3
ORGL 611	Systems and Project Management	3

**Total Units**