

**NUSA 201 FOUNDATIONS OF NURSING (3 units)**

This course will provide a contemporary approach to nursing practice. Emphasis is placed on the knowledge and skills needed to provide safe, quality care of adults and older adults. An introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills. Additionally, students will be introduced to evidence-based practice, the spectrum of health care settings across which health care is provided, and the ethical and legal considerations of patient and family-centered care.

**NUSA 202 HEALTH ASSESSMENT (3 units)**

This course focuses on health assessment for professional nursing practice utilizing a holistic evidence-based approach. The course emphasizes the acquisition of knowledge and assessment skills to recognize deviation from normal. Students will apply lecture concepts to hone their skills and techniques necessary to intervene, to reduce risks and promote health for diverse adult patient populations. Lab time is included in the schedule. Lab fee: \$150.

**NUSA 203 ADULT MEDICAL/SURGICAL NURSING THEORY (3 units)**

This course addresses medical-surgical principles related to health and health disruption in adults, with an emphasis on the care of older adult patients. Principles addressed include recognizing signs and symptoms, applying nursing interventions and utilizing pharmacological knowledge to give high quality nursing care. Medical-surgical issues will be presented incorporating the three levels of prevention and intervention (primary, secondary, and tertiary care). This course will prepare students to safely manage the care of ethnically, culturally, & socially diverse patient populations in the acute medical-surgical setting by means of the nursing process. Dr. Jean Watson's "Theory of Caring" serves as the framework for analyzing and managing the care of patients.

**NUSA 204 BEHAVIORAL HEALTH NURSING THEORY (2 units)**

This course is designed to provide information and facts about psychiatric and mental health nursing. The course will present facts that emphasize mental health, personality development, prevention of mental illnesses as well as on dysfunctional behaviors, nursing and medical management of clients. Corequisite: NUSA 293.

**NUSA 205 PATHOPHYSIOLOGY (2 units)**

This course is designed to provide an understanding of common physiological disruptions that contribute to an imbalance in homeostasis. Common disruptions that interfere with physical systems, their manifestations, and both their medical as well as nursing management will be discussed. An exploration of the role of nurses in optimizing patients' health status will also be presented.

**NUSA 206 WELLNESS CARE AND PREVENTION (2 units)**

This course of study provides an analysis of health promotion and preventive care by preparing students to assess risk, facilitate lifestyle changes and look beyond disease management and towards the use of a holistic caring framework. This course explores avenues of holistic comprehensive nursing focusing on the mind, body and spirit. Content includes lifestyle changes related to cardiovascular risk reduction strategies, weight management, exercise, sleep and human vices; as well as considering age and cultural related aspects of lifestyle choices. The student will also explore complementary and integrative therapies and their role in health care.

**NUSA 207 PHARMACOTHERAPEUTICS (2 units)**

This course is designed to develop the student's knowledge base about medications, medication administration, appropriate use of medications that are illness and disease specific, side effects and contraindications as well as nursing responsibilities. Administration techniques will be discussed including intravenous therapy.

**NUSA 292 ADULT MEDICAL/SURGICAL NURSING CLINICAL (4 units)**

This course offers students opportunities to apply theoretical knowledge to the provision of safe, quality care of patients in clinical settings. The focus is on building skills necessary to care for patients experiencing medical and surgical health problems. The target populations will include adults and older adults. Students will have opportunities to assess patients, arrive at nursing diagnoses, plan nursing care measures, implement dependent and independent orders and evaluate patient progress. Nursing Central fee: \$173.

**NUSA 293 BEHAVIORAL HEALTH NURSING CLINICAL (2 units)**

This course is designed to provide the nursing students with clinical experiences in caring for clients and patients who are suffering with mental illnesses and disorders. Students will have the opportunities to implement their theoretical knowledge and practice skills in both acute care and outpatient settings. Corequisite: NUSA 204.

**NUSA 294 NURSING SKILLS LAB (2 units)**

This course is designed to provide both the theoretical as well as the practice dimensions of safe, quality patient care. Students will have the opportunity to develop and refine selected nursing skills before applying them in the patient care agencies. Lab fee: \$450.

**NUSA 296 PHARMACOLOGY LAB (1 unit)**

This course will provide opportunities for students to learn and practice the skill of medication administration and the importance of using the nursing rights of medication administration. Students will utilize these lab hours to learn and demonstrate their ability to administer: inhaled, enteral, ophthalmic, optic, topical, vaginal, intradermal, subcutaneous, intramuscular, and intravenous medication in addition to learning and demonstrating peripheral IV insertion skills.

**NUSA 301 ADVANCED MEDICAL/SURGICAL NURSING THEORY (3 units)**

This course is designed to provide didactic information about the care of adult and older adult patients who are experiencing complex medical and surgical health problems. Medical and surgical issues, the medical and surgical management, and the nursing care of these patients will be presented in order to prepare the students to apply the information in healthcare settings. Corequisite: NUSA 392.

**NUSA 303 MATERNAL/NEWBORN NURSING THEORY (2 units)**

This course is designed to prepare the students to care for the childbearing families. This course will include the care of women, newborns and family during the laboring process, post-partum periods as well as health promotion and disease prevention in the home and community. Students will also learn about prenatal health problems and their management as well as the care of the neonate. Corequisite: NUSA 394.

**NUSA 305 PSYCHIATRIC/MENTAL HEALTH NURSING THEORY (2 units) – summer 2023 admits only**

This course is designed to provide information and facts about psychiatric and mental health nursing. The course will present facts that emphasize mental health, personality development, prevention of mental illnesses as well as on dysfunctional behaviors, nursing and medical management of clients. Corequisite: NUSA 396.

**NUSA 307 PEDIATRIC NURSING THEORY (2 units)**

This course is designed to provide information and facts about the pediatric nursing specialty. The course will present pathophysiologic data, information about the health and illness problems related to the nursing care of children, from infancy through adolescence. Attention will also be provided about incorporating consideration for the families in the care of these children. Corequisite: NUSA 398.

**NUSA 392 ADVANCED MEDICAL/SURGICAL NURSING CLINICAL (2 units)**

This course provides students with opportunities to apply the theoretical knowledge in NUSA 301 Advanced Medical/Surgical Nursing Theory into the practice setting. The focus is building necessary skills to care for adult and older adult patients experiencing complex medical and surgical disruptions. Students will have opportunities to assess the patients, arrive at nursing diagnoses, plan nursing care interventions, implement providers' orders, and evaluate patient progress and recovery in acute care settings, rehabilitative settings, and outpatient settings. Corequisite: NUSA 301.

**NUSA 394 MATERNAL/NEWBORN NURSING CLINICAL (2 units)**

This course is designed to provide the students with clinical experiences in maternal/child nursing practice. These experiences will prepare them to deliver nursing care to patients and their families in the prenatal, labor and delivery, postpartum and newborn nursery areas. This clinical will be completed in healthcare settings. Corequisite: NUSA 303.

**NUSA 396 PSYCHIATRIC/MENTAL HEALTH NURSING CLINICAL (2 units) – summer 2023 admits only**

This course is designed to provide the nursing students with clinical experiences in caring for clients and patients who are suffering with mental illnesses and disorders. Students will have the opportunities to implement their theoretical knowledge and practice skills. Corequisite: NUSA 305.

**NUSA 398 PEDIATRIC NURSING CLINICAL (2 units)**

This course is designed to provide the nursing students with clinical experiences in caring for infants, children and adolescents patients. Incorporated in the nursing care will be considerations toward the families and their needs. Corequisite: NUSA 307.

**NUSA 400 ADVANCED SENIOR PRECEPTORSHIP CLINICAL (3 units)**

This senior level course is designed to provide the student with additional opportunities to refine clinical skills and clinical judgement in a variety of healthcare settings. In addition, the students will cultivate their abilities in clinical assessments, communication, leadership, professional nursing roles, application of evidence based practice, and patient education. Corequisite: NUSA 409.

**NUSA 401 HEALTH ASSESSMENT (3 units) – summer 2023 admits only**

This course is designed to provide enhanced theory and clinical skills for building a patient history and completing a physical assessment for a patient utilizing a holistic approach. Student will study the necessary assessment skills which include: a general survey, history taking, interviewing, physical examination, designing a pedigree, assessing pain, and adapting assessments to special populations across the lifespan. Furthermore, cultural assessments, environmental assessments, patient abuse assessments and the homeless person assessment will be discussed. Documentation includes, but is not limited to the relationship between early detection and prevention of diseases as well as health promotion for patients. Lab fee: \$150.

**NUSA 403 COMMUNITY HEALTH NURSING THEORY (2 units)**

This course will introduce concepts of community health nursing by applying a population focused nursing process. The emphasis of the course will focus on health promotion, disease prevention, risk reduction, and disease management in various community settings. This course will also utilize the Health People Initiative Goals in planning care and setting interventions and goals. Corequisite: NUSA 494.

**NUSA 405 RESEARCH IN NURSING (2 units)**

This course is designed to promote clinical decision making, based on evidence, through the exploration and integration of current scientific evidence, use of clinical reasoning, and assessment of available resources. Emphasized are opportunities to read, critically appraise, and synthesize research so that the best available evidence informs nursing practice for patients, students, nurses, and communities.

**NUSA 409 TRANSITIONS TO PRACTICE (1 unit)**

This course includes a cumulative review of concepts taught in the nursing program, the understanding of the legal implications of nursing practice, and how to practice within the realms of the scope of practice as a novice nurse. Various nursing care and health issues will be presented to allow students to critically think through problems and potential solutions through the use of the nursing process. Corequisite: NUSA 400.

**NUSA 413 LEADERSHIP/MANAGEMENT THEORY (2 units)**

This course examines managerial and leadership concepts, issues, roles, and functions as applied to the role of the professional nurse in various healthcare settings. Students will use a systems framework and critical thinking strategies to study the coordinating role of the professional nurse within health care delivery. Emphasis is placed on developing the skills of delegation, conflict management, change theory, and decision making to promote high quality nursing care and healthcare team coordination. Legal and ethical issues are discussed with a focus on personal accountability and responsibility. Standards of practice and the significance of functioning according to state regulations and statutes are analyzed. Students will explore activities related to interviews for the professional work setting.

**NUSA 494 COMMUNITY HEALTH NURSING CLINICAL (2 units)**

Students will apply concepts of population focused nursing in various community settings. The students will focus on health promotion, disease prevention, risk reduction, and disease management among vulnerable populations. The length of the clinical experience will meet the requirements of the California Board of Registered Nursing, to allow students to apply for the California Public Health Nurse Certificate. Corequisite: NUSA 403.

**NPFI 467 BIOETHICS AND HEALTHCARE PROFESSIONS (2 units)**

This course will examine ethical issues that arise in the context of healthcare and biological research from the perspective of the nursing profession. Attention will be given to the language of bioethics, important philosophical and theological approaches, and socio-cultural implications. Students will develop an awareness of the moral foundations of nursing practice, an understanding of moral decision making, and competency for sitting on hospital ethics committees. Prerequisite: CTHL 101 or CTHL 200 or THL 202 or NTHL 101 or NTHL 202.

**NTHL 101 FOUNDATIONS OF CHRISTIAN THEOLOGY (3 units)**

Drawing upon the Scriptures as well as historical and doctrinal writings by Christian theologians, nursing students will examine major teachings of the Christian faith with differing understandings of these teachings being explored when appropriate, enabling them to understand and articulate the basic tenets of Christianity and equipping them to practice effective, culturally appropriate spiritual care in the nursing profession for diverse populations.

**NTHL 202 HISTORY AND LITERATURE OF THE NEW TESTAMENT (3 units)**

A historical, literary and theological survey of the New Testament books with an emphasis for nursing students upon a holistic approach to healing, health, and salvation in the Gospel of Jesus Christ.