## 2008-2009 Catalog

Name: __________________________   ID # ______________________  Date:  _________

### Exercise and Sport Science Major:  48 units

<table>
<thead>
<tr>
<th>Core</th>
<th>30 units</th>
<th>Tr/CU</th>
<th>Grade</th>
<th>Transfer course approved</th>
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</thead>
<tbody>
<tr>
<td>Bio 246</td>
<td>Human Anatomy</td>
<td>4</td>
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<tr>
<td>Bio 247</td>
<td>Human Physiology</td>
<td>4</td>
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<tr>
<td>ESS 110</td>
<td>CPR/First Aid</td>
<td>1</td>
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<tr>
<td>ESS 304</td>
<td>Motor Learning and Development</td>
<td>3</td>
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<tr>
<td>ESS 320</td>
<td>Historical/Social/Cultural Foundations</td>
<td>3</td>
<td></td>
<td></td>
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<tr>
<td>ESS 350</td>
<td>Sport Law</td>
<td>3</td>
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<tr>
<td>ESS 365</td>
<td>Sport Psychology</td>
<td>3</td>
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<tr>
<td>ESS 406</td>
<td>Physiology of Exercise</td>
<td>3</td>
<td></td>
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<td>ESS 407</td>
<td>Kinesiology</td>
<td>3</td>
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<td>ESS 410</td>
<td>Measurement/Evaluation of Exercise</td>
<td>3</td>
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</table>

### Teacher Education  18 units

| ESS 303   | Health                                | 3     |       |                          |
| ESS 340   | Elementary Physical Education         | 3     |       |                          |
| ESS 355   | Individual Activities                 | 3     |       |                          |
| ESS 357   | Team Activities                       | 3     |       |                          |
| ESS 370   | Adaptive Corrective Physical Education | 3   |       |                          |
| ESS 376   | Physical Education Management         | 3     |       |                          |

**Note:** All transfer courses applicable to a major must be Division Chair approved.  
(Approval forms are available from your Transfer Advisor in SCC-B)