MCAA 579: ADVANCED THEORY & STRATEGY FOR COACHING WRESTLING
A ONE-WEEK SUMMER INTENSIVE COURSE

Master of Arts in Coaching & Athletic Administration
Concordia University Irvine

Concordia University Irvine is proud to announce the Master of Arts Program in Coaching and Athletic Administration (MCAA) is offering a Summer Intensive Course focused on Advanced Theory and Strategy for Coaching Wrestling.

This graduate-level class is designed for wrestling coaches and will implement a combination of classroom learning and practical application. This educational opportunity will be led by Scott Glabb, Santa Ana High School wrestling coach and author of “A Saint in the City.”

Four units of graduate level credit. Non-degree seeking students are cordially invited to enroll.

For further information about the Wrestling Sport Specific course, please contact Dave Cowen, Conference Director at (949) 214-3262 or david.cowen@cui.edu
Katie Carson at (949) 214-3266, katie.carson@cui.edu
COURSE SYLLABUS

MCAA 579 Advanced Theory & Strategy for Coaching Wrestling
Instructor: Scott Glabb  glabb@prodigy.net
Head Wrestling Coach, Santa Ana High School

Master of Arts in Coaching & Athletic Administration
Concordia University Irvine, CA
Term: Summer, 2013       Units: Four (4) Units
Class Meetings: Monday — Friday, June 24-28, 2013

MCAA 579 Wrestling. Course Description:
This course will serve to enhance the knowledge of both the new and veteran wrestling coach. Topics to be discussed will include skills development, tactics and counter moves, promoting your program, use of technology, coaching philosophy, strength and conditioning, practice organization, and community/media relations. There will be demonstrations and distinguished guest speakers throughout the course.

Course Objectives:
• Develop a sound foundational coaching philosophy.
• To learn the best practices of highly successful wrestling coaches.
• To be exposed to the latest trends/techniques in the conditioning of athletes.
• To understand the important opportunity and responsibility that coaches have to positively impact the lives of their athletes.

Course Materials:
Instructor will provide, assign, and recommend additional materials.
It is recommended that students bring a laptop computer to use during the course.

Grading:
• Attendance (20 points/day) 100 points
• Class Participation (20 points/day) 100 points
• Class Paper 150 points
• Teaching Demonstration 150 points
• **Please note that course topics are subject to change**

Probable speakers and clinicians:
Nate Morgan: Oklahoma State
Dane Valdez: The Valdez School of Wrestling
Jake Harmon: Calvary Chapel
Mark Munoz: Oklahoma State/UFC fighter
Mario Soto: Sports psychologist
John Dahlem: CIF State wrestling advisor
Fernando Serratos: Clinch Gear
Jose Campo: Mt. Carmel HS
Corey Beasley: Innovative Results Training Center
Rob Alleman: OC Wrestling Official

Day One Morning Session: Monday, June 24th
Class Discussion on Philosophy
Team Policies, Rules and Regulations.
8:45AM  Fernando Serratos: Rat Pack Wrestling Club
10:00AM  Keynote Speaker — Dotsie Bausch
11:30AM Lunch

Day One Afternoon Session
12:30PM  Chris Fore: “10 Characteristics of Championship Caliber Programs”
2:00PM  Wrestling Clinic-Nate Morgan: Oklahoma State @ Wrestling Mart

Day Two Morning Session  Tuesday, June 25th
Promoting and Marketing your Program. Sports Psychology.
Teaching Character and Motivating Athletes.
8:45AM  Guest Speaker TBA
10:00AM  Keynote Speaker — Scott Westering
11:30AM Lunch

Day Two Afternoon Session
12:30PM  Joe Campo, Mt. Carmel H.S.: “Building a Family”
2:00PM  Corey Beasley: Innovative Results Training Center

Day Three Morning Session  Wednesday, June 26th
Fundraising Ideas, Starting 501C3/ Booster Club/LLC
Cultural Understanding of Athletes
NFHS Wrestling Rules
8:45AM  Adam Ayers: “Understanding Cultural Differences in Athletes”
10:00AM  Keynote Speaker — Bill Fennelly
11:30AM Lunch

Day Three Afternoon Session
12:30PM  Rob Alleman: “OC Wrestling Officials”
2:30PM  Clinic @ The Dane Valdez School of Wrestling

Day Four Morning Session  Thursday, June 27th
Legal Issues in Sports, Insurance, Waivers. Coaches Associations
8:45AM  Jim Staunton: “Relevant Legal Issues”
10:00AM  Keynote Speaker — Dr. Gregory Dale
11:30AM Lunch

Day Four Afternoon Session
12:30PM  Robbie Gaze: Girl’s Wrestling CIF Advisory Committee
2:00PM  Wrestling Clinic, Joe Gonzales: “2x NCAA Champion”

Day Five Morning Session  Friday, June 28th
Hosting a Wrestling banquet: Dealing with Administration and Parents
NWCA Weight Management System
8:45AM  John Dahlem: “Working with Administration”
10:00AM  Keynote Speaker — Bob Owens
11:30AM Lunch

Day 5 Afternoon Session
12:30PM  Tim Byers, Santa Ana HS: “NWCA Weight Management System”
2:00PM  Final project - Presentation or Demonstration

(Schedule and speakers subject to change.)