



MCAA 575- ADVANCED THEORY & STRATEGY FOR COACHING SOFTBALL

Master of Arts in Coaching & Athletic Administration
Concordia University



Summer 2016 Term: June 27 - July 1

Concordia University is proud to announce the Master of Arts Program in Coaching and Athletic Administration (MCAA) is offering an on-site course focused on *Advanced Theory and Strategy for Coaching Softball*. This graduate-level course is an elective class worth four units of graduate credit. For more information about this course, please contact us using the information below. Non-degree seeking students are welcome to enroll in this class.

Instructor: Crystal Rosenthal, crystal.rosenthal@cui.edu

**For further information on this educational opportunity, please contact:
Chelsea Mailhiot, Academic Adviser, (949) 214-3261, chelsea.mailhiot@cui.edu
Sheila Hannah, Academic Adviser, (949) 214-3264, sheila.hannah@cui.edu**

MCAA New Student Summer Scholarship! Every new student who begins the MCAA program this summer will receive **\$500** towards tuition. [Unconditional](#) - simply apply, get accepted into the program and enroll in a summer course.



CONCORDIA
UNIVERSITY
Master of Arts in Coaching and Athletic Administration

www.cui.edu/mcaa



COURSE SYLLABUS

Master of Arts in Coaching & Athletic Administration MCAA 575 Summer 2016

Division of ESS I School of Arts and Sciences

Concordia University I Irvine, CA

Course: MCAA 575: Advanced Theories/Strategies for Coaching Softball

Term: Summer 2016; **Units:** Four (4) Semester Units

Class Meetings: ON-SITE June 27– July 1

Instructor: Crystal Rosenthal, crystal.rosenthal@cui.edu

Course Description:

Course Description: This advanced level course will enhance the knowledge of softball coaches at all level. Experts will discuss best practices for softball coaches in all areas of the game including but not limited to: philosophy implementation, mechanics of hitting, team defense and strategy, pitching mechanics, position fundamentals, and how to build a sustainable culture. The overall goal of the course is to gain a more comprehensive knowledge of both the tactics and current strategies of coaching softball while establishing your personal system of how you would implement those things into a program.

Course Objectives:

- Develop or utilize your specific coaching philosophy into a softball program
- Learn the best practices of highly successful softball coaches at the high school and collegiate levels
- To be exposed to the latest trends/techniques in the game today
- To learn how to prepare daily to develop in the fundamentals in all aspects of the game
- Develop a system that best suits your needs or team
- To gain an understanding of the importance of the opportunity and responsibility that coaches have to impact young people's lives.

Course Materials:

- **Text:** Will include various books and articles provided in class
- It is recommended to have a laptop in class if possible
- Gloves will be helpful for on field demonstration
- Please wear athletic clothes so that you can participate in on field drills

Grading (to be finalized):

Attendance (20 points a day)	100 Points
Participation (20 points a day)	100 Points
Journals (25 points a speaker)	125 Points
Daily Assignments	150 Points
In class Drill Presentation/Paper	100 Points
Final Assignment	200 Points

Course Requirements:

- **Journals:** One page paper required for each of the five keynote speakers. Highlight three concepts that can be applied to your

own team. In addition; add some insight as to any questions this speaker may have helped to answer

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Daily Assignments: This will be geared around class material that will help to solidify the topics covered in class such as goal ladders, mental preparation plan, video evaluations, and implementing your offensive and defensive strategies.

In class drill presentation: You will be required to come up with any drill of your choice or sequence of drills of your choice that you can share with the class. You will be expected to articulate what the purpose of the drill is, what problem areas it will address and how you will use the drill to reinforce correction.

Along with your presentation you will be asked to put this in a paper format with clear explanation of the drill that could be used independently to someone that has not seen the drill.

Final Assignment: Minimum 15 page portfolio type paper that can be specific to one aspect of the game or a general overview.

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Course Topics:

- Fundamental development
- Hitting mechanics
- Film analysis and implementation
- Fundraising
- Mental training
- Developing an offensive and defensive philosophy
- Practice planning
- Team Development
- Current trends in softball
- Rules and regulations and how to use to your advantage

Registration Information

MCAA students and non-degree students must register through Concordia University. This is a four unit course.

The unit cost for this course is \$510. To register on BannerWeb, the course information is as follows:

MCAA 575, IR, CRN# 10080

If you have questions regarding the class, please contact instructor Crystal Rosenthal, crystal.rosenthal@cui.edu. If you have registration questions, please contact an academic adviser:

-Chelsea Mailhiot (949) 214-3261, chelsea.mailhiot@cui.edu

-Sheila Hannah, (949) 214-3264, sheila.hannah@cui.edu



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